

A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.



The Institute for Human Services, Inc. is hosting its annual month of professional development in June. More information will be forthcoming in The Provider - stay tuned!

Steuben Rural Health Network



Come Celebrate Her ☆ ** * Courage and Confidence





At the 5K celebration, we gather as a community to celebrate the courage inside of every GOTR girl. On this day, teams unite to recognize how far our participants have come and how far they will continue to go. The 5K celebration is a day where every person - girls, coaches, caregivers, families, volunteers- are free to be themselves, experience joy and cross the finish line.

Girls on the Run of the **Southern Tier**



Sunday, June 4, 2023 Family Festival: 9:00 am 5K Kick-Off at 9:50 am



Bath Central School District High School Track 25 Ellas Ave, Bath, NY 14810









Thank you to our local sponsors!

A program of Steuben Rural Health Network at The Institute for Human Services, Inc.







We'll see you there! Ready to register now? **Download the flyer** and share today!

Learn More Here

REGISTER TODAY!



Hands-Only CPR



CPR can double or even triple a person's chance of survival.

Chest compressions are good for the first few minutes someone is in cardiac arrest pushing remaining oxygen through body to keep vital organs alive.

Buys time until someone with more skills can provide help.

Join a Nation of Heartsavers today.

Attend a virtual presentation to gain knowledge of how to act when you encounter a cardiac arrest. Join the Steuben Rural Health Network, a program of The Institute for Human Services for a 30 minute presentation on how to conduct hands-only CPR.

The Steuben Rural Health Network (SRHN) received a Community Impact Grant through the American Heart Association. SRHN will be hosting two upcoming Zoom webinars for Hands-Only CPR. Spread the word and sign-up today!

> April 26, 2023 1:00 PM to 1:30 PM Zoom; registration required.

> > **Register Here**

April 28, 2023 9:00 AM to 9:30 AM. Zoom; registration required

Register Here

2-1-1 Helpline

Welcome Polly McDaniels



Polly previously worked with iCarol, a web-based all-inone contact management solution for community
helplines and crisis lines around the world, as their
Director of Business Development. Prior to coming to
iCarol, she worked at The Institute for Human Services'
2-1-1 HELPLINE program for nine years in various roles,
but most recently as their Operations Manager,
overseeing operations of the contact center and the
resource department.

Polly has also participated on national task groups, provided training at the national, state, and local levels and served as the Resource Track Manager for the National AIRS I&R Training & Education Conference for three years prior to joining iCarol.

She is currently working back at The Institute for Human Service' 211 HELPLINE program helping them acclimate

to their software application, training staff and updating their resource data.

Steuben County Mobility Management



Monthly Mobility Tricks & Tips

Brought to you by Eddie VanStine, Steuben County Mobility Management

What is a flag stop system?

A flag stop system means a passenger may board a bus at any safe place along a fixed route. When you see the bus you want, signal the driver by waving.

This system is used by all Transit Providers in the Greater Steuben County Area.

IHS Membership

Renew or Become a 2023 IHS Member!

The Institute for Human Services (IHS) is a leader in the regional nonprofit sector, focused on providing professional services and support for our members.

All Institute nonprofit member organizations are eligible to receive all of the membership benefits of NYCON <u>at no additional cost!</u> We constantly strive to enhance the benefits we offer our members.

Renewing or becoming an IHS Member in 2023 will help you to sustain your organization through a variety of leadership, technology and management resources.



Here are just a few of the benefits you can easily take advantage of:

- Obtain New York Council of <u>Nonprofits (NYCON) member benefits</u>. Contact IHS for your local NYCON representative contact information.
- Stay connected with regional nonprofit organizations and keep your finger on the pulse of nonprofit issues & trends
- Attend free and discounted professional development workshops and trainings focusing on the needs of the nonprofit community
- Receive a discounted registration fee to the IHS Annual Conference
- Receive the IHS weekly newsletter featuring local nonprofits, nonprofit news, and IHS related services
- Feature your nonprofit programs, services, classifieds and events on a variety of IHS online mediums

Renew your membership by clicking the button below and take advantage of our continuously improving and expanding member benefits!

Current members will be receiving renewal letters at the end of April. If you have any questions please do not hesitate to contact IHS at (607) 776.9467 ext. 229 or via email at institute@ihsnet.org.

IHS would be pleased to arrange a one-on-one consultation to explain how IHS can positively impact your nonprofit's performance!

Become a Member Today!

Happy National Volunteer Week

April 16-April 22



The Institute for Human Services, Inc. would like to thank all of our amazing and generous volunteers for their time and dedication to our programs.

Our IHS volunteers are the backbone for our Coordinated Transportation Services and for programs that fall under the Steuben Rural Health Network, such as, Girls on the Run of the Southern Tier.

Our volunteers' generosity has had a profound and lasting impact on our community. Words cannot adequately express the gratitude that I, the board, and staff of The Institute for Human Services wish to convey.

Belinda M. Hoad, MBA Belinda Hoad

Executive Director

The Institute for Human Services, Inc.

Members' News & Events

If you have newsletters or events that your organization would like to share

with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

News Release Regarding Narcan

Shared by Opioid Committee Steuben Prevention Coalition

The U.S. Food and Drug Administration approved Narcan for over-the-counter use on Wednesday, March 29th, marking the first time a drug used to reverse the effects of an opioid overdose is available without a prescription, in an effort to combat the ongoing epidemic plaguing the country.



Article

6th Annual "Pay It Forward" CASA Chicken BBQ



CASA's Annual Fundraiser helps provide advocacy services for children in Steuben, Chemung, Schuyler, and Yates counties.

Saturday, May 20th • 11:30am to 2pm Montour Moose #426 2096 State Route 14 Montour Falls, NY 14865

For more information and to reserve your dinner(s), click the button below.

Learn More Here

Dormann Library Releases April's Events Calendar

The Dormann Library in Bath has a month of fun planned for all ages! Check out April's calendar and newsletter!

Calendar & Newsletter



Head Start Program

Pro Action of Steuben and Yates,Inc.

The Head Start Program is starting its annual recruitment campaign for the 2023-2024 school year. For those of you who are not familiar with the program, Head Start is a comprehensive curriculum-based program designed to help children develop their school readiness skills in a nurturing



and creative environment.

During the recruitment period, Pro Action likes to notfiy partners and programs such as yours of their campaign and encourage your staff to make referrals to this program.

The selection process usually takes place between May and June.

Brochure

Download application to pass along!

Summer Cohesion

Chemung County Youth Bureau

Summer Cohesion is a recreational, educational, and cultural enrichment program for kids ages 4-12 years old in Chemung County.

2023 Summer Cohesion Sites include: Broadway Elementary, Hendy Elementary, Horseheads First Baptist Church, Thomas Edison High School, Parley Coburn Elementary, and Ridge Road Elementary.

Online registration begins the week of June 5th!



Click here to download the flyer.

Learn More Here

"Ounce of Prevention"

Steuben Prevention Coalition



The Coalition will be holding two upcoming events that we are in **need of volunteers** for planning, organizing and carrying out of events.

- Spring Community Recognition Event
- Annual Youth Retreat

Please contact <u>colleen.banik@dor.org</u> if interested in volunteering.

Check out more news from the Steuben Prevention Coalition by clicking the button below.

Newsletter

"In the Know"

April is Alcohol Awareness Month. Alcohol Awareness Month is an annual public initiative organized by the National Council on Alcoholism and Drug Dependence (NCADD). Since its inception in 1987, this event has cemented itself in the forefront of prevention services, serving as a massively effective platform from which we can try and dissuade misconceptions about alcohol use, as well as provide education on ways to avoid or treat alcohol abuse. In the United States, over 18 million people are afflicted with Alcohol Use Disorder – more than 6% of the population – and over 88,000 Americans die every year due to this disorder.

During this month, we want to educate our community – particularly school-aged children – on what problem drinking is, the effects associated with it, ways to prevent it, and where / how to seek treatment when you realize drinking has become problematic. Our goal this month, as it has always been, is to educate and support, no more no less.



Newsletter

Community Needs Assessment Update(s)

"One-Stop Shop" - - All things data hub

The Institute provides management support, information and referral, organizational development, and research services to planners, funders, and providers serving the Southern Tier of New York State.

IHS' mission is to advance nonprofit and community partners in the region through innovative, collaborative, and responsive solutions to address community needs.

To further carry out IHS' mission, IHS will act as a repository for the region's community needs assessment reports. All information will be stored on IHS' website under the "Community Data" section. By having one central location for all data (hub), this will help organizations streamline collaboration and research.

If your organization has any needs assessment reports that you would like to share, please email provider@ihsnet.org.

Visit our Website

Are Nonprofit Workforce Shortages Still a Problem?

Nonprofit workforce shortages have been national news for several years, but is this still a problem impacting your mission? We need your help in answering that question. <u>Take the survey</u>.

A survey of the charitable nonprofit sector in late 2021 **documented a severe workforce shortage crisis** causing unfilled vacancies, long waiting lists of people seeking services, chronic burnout, and other struggles to meet needs in local communities. The survey results led to action to implement solutions at the community, state, and federal levels.

Now, 18 months later, the state of nonprofit employment is unclear. We hear that problems persist as charitable organizations compete for employees with governments and for-profit entities while also trying to cope with increased demand for services, natural disasters, inflation, and declining revenues. The lack of accurate data makes it hard to manage the situation, much less overcome the growing challenges.

Help tell the charitable nonprofit story today. The results of the survey will drive solutions for this year and beyond.

Thank you,

NYCON Team

Take Survey Here

STEUBEN COUNTY PUBLIC HEALTH SEEKS COMMUNITY INPUT

BATH, NY – The Steuben County Public Health Department is seeking input from Steuben residents and community organizations. Steuben Public Health delayed their strategic planning due to COVID and is now starting the process to better align their goals with what the community and partners would find beneficial.

"The work that we do is intended to better the health of the Steuben County population," said Public Health Director, Darlene Smith. "When planning, the community's input can really strengthen what our future looks like and make sure we are serving them the best we can."

Residents and community organizations are encouraged to provide their feedback. <u>Click here</u> to download Press Release.

Provide Input Here

April Spotlight(s)

Local Family Fun



SUPERHERO TRAINING ACADEMY

FAMILY FUN THURSDAY

PERFORMANCES WITH DAVID ENGEL AT 5:30 & 7:00

FREE TILT-A-WHIRL RIDES 5:00-9:00

ELDRIDGE PARK

96 ELDRIDGE PARK DR., ELMIRA, NY 14901

/WW.ELDRIDGEPARK.ORG





Hornell Area Transit



Hornell Area Transit has been receiving positive feedback from their passengers. Hornell Area Transit's priority is to provide safe, clean, and affordable transportation options for those in the Hornell Area.

One popular route is the Hornell to Bath route, which offers a convenient ride for many to connect with services at the County, get to work, connect to another bus system, or visit friends and family in the Bath Area. Hornell Area Transit is excited to share, Steuben County Mobility Manager, Eddie VanStine, uses this service for his daily commute.

Eddie identified he enjoyed the ride, particularly due to their free Wi-Fi service, all for just \$4 round trip!

DEA National RX
TAKE BACK

Turn in unneeded medication for safe disposal.

Saturday, April 22

10 a.m. - 2 p.m.

Steuben County Public Safety Building 7007 Rumsey Street Extension, Bath NY



Keep them safe. Clean them out. Take them back.

What's Happening at NYCON?

CEO Strategic Vision Panel

April 18 @ 12:00 pm

Nonprofits that have weathered the storm of COVID-19 the best have reimagined the organization's mission, strategic vision, and sustainability plans in light of changing circumstances.

This BoardStrong session will explore top issues nonprofits are currently facing and the strategies they are implementing to build a brighter, more sustainable future. This webinar is sponsored by: <u>Grassi Advisors and Accountants</u>

Register

Grants 101: Finding \$\$ For Your Nonprofit

April 21 @ 12:00 pm

Have you always wanted to pursue grant funding for your organization, but weren't sure how to get started? Or, have you been applying for grants, but not having much success?

there will be time for questions.

Megan Allen, NYCON CEO, will start with the basics, including what is fundable and how
to find a grant funder. She'll discuss tips for increasing your odds of receiving a grant and



Mark Your Calendar: Awareness Days



Alcohol Awareness Month



National Distracted Driving Awareness

Month

Upcoming Professional Development

(Workshops, Trainings, Webinars, Courses)

LEARNING KNOWLEDGE EXPERIENCE ABILITY TRAINING COMPETENCE SKILLS GROWTH



To view more information or to register, be sure to click the **bolded areas** of the title below.

New

Creating Trauma-Informed Organizations for Leaders

Hosted by: HSC Workshop Series with Shasta Savage, MSW, CPLC onThursday, April 27th from 10:00 am-12:00 pm; \$30 fee associated; viz Zoom

National Association of Home Builders Presents-Certified Aging-in-Place
Specialist I: Marketing & Communicating with Aging-in-Place Clients

April 24, Oct. 9, OR Nov. 6 from 8:30 am – 4:30 pm; location: 44 Bridge St., Corning, NY 14830 Fee associated. Course & CE Details by clicking here.

National Association of Home Builders Presents-Certified Aging-in-Place Specialist II: Design Concepts for Livable Homes & Aging-in-Place

April 25, Oct. 10, OR Nov. 7 from 8:30 am – 4:30 pm; location: 44 Bridge St., Corning, NY 14830 Fee associated. Course & CE Details by clicking here.

National Association of Home Builders Presents-Certified Aging-in-Place Specialist III: Details & Solutions for Livable & Aging-in-Place

April 26, Oct. 11, OR Nov. 8 from 8:30 am – 4:30 pm; location: 44 Bridge St., Corning, NY 14830 Fee associated. Course & CE Details by clicking here.

Stress-Free Leadership: Living Your Best Life While Inspiring Others

The Stress-Free Leadership will be hosted in Corning on May 2, 3; July 25, 26; and August 22, 23. There is a cost associated and registration is limited. Click here to view stress-free leadership testimonials. To register, call Kate at (570) 439-2004. Registration is limited.

Annual Resiliency Symposium

Save the Date: **May 31st from 9:00 am-4:00 pm** at Corning Community College. Hosted by Pro Action of Steuben and Yates, Inc. Keynote speaker will be Dr. Darryl Tonemah; Learning the physiological roots of trauma, burnout, and tools for healing. More details and registration coming soon.

New York State Public Health Corps (NYSPHC)

Learn more about the New York State Public Health Corps (NYSPHC) Fellowship Program and apply today to make a difference in your community. Looking for fellows in Chemung and Steuben County. Pass along this amazing opportunity.



If you have **job posts** that your organization would like to share with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition.

New York State

Public Health Corps







50 Liberty Street, Bath, NY 14810

COMMUNICATION - - COLLABORATION - - CAPACITY BUILDING

//CONNECT WITH US//





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