

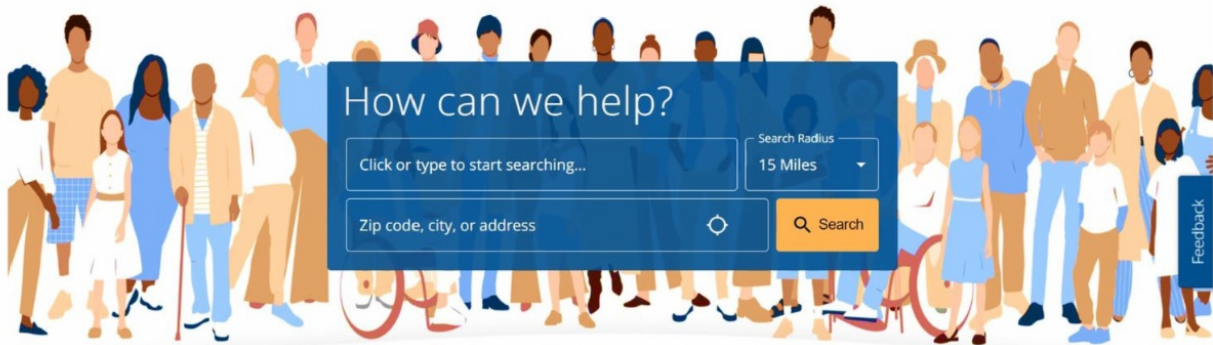
A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.

2-1-1 Helpline

NEW SEARCH ENGINE & NEW FEATURE



[Home](#) [Login / Register](#)

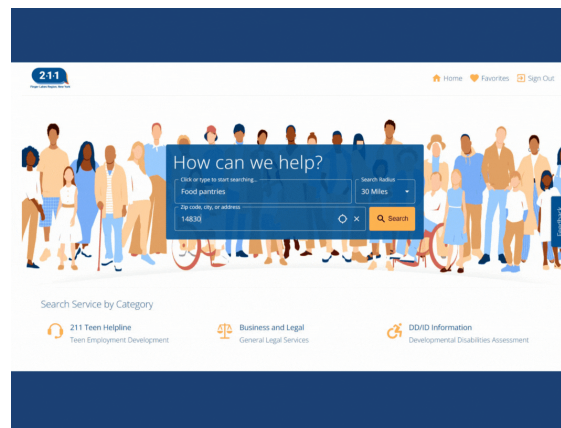


Search Service by Category



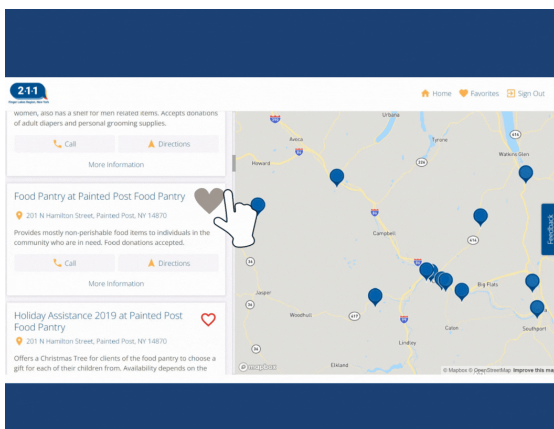
Check out 2-1-1 Helpline's new search engine! Anyone can access the search feature by going to the [IHS website page](#) or by the below URL.

The new search engine also has a new feature. In the upper right hand corner there is a clickable "Login/Register" button. If you register, you can search, "favorite" searches and create lists for your recent searches.



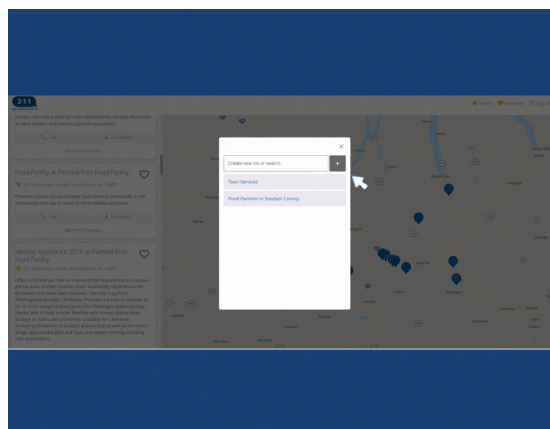
Step 1: create a login

Note: even if you get an error message after verifying, you should still be able to login with the username and password that was just created



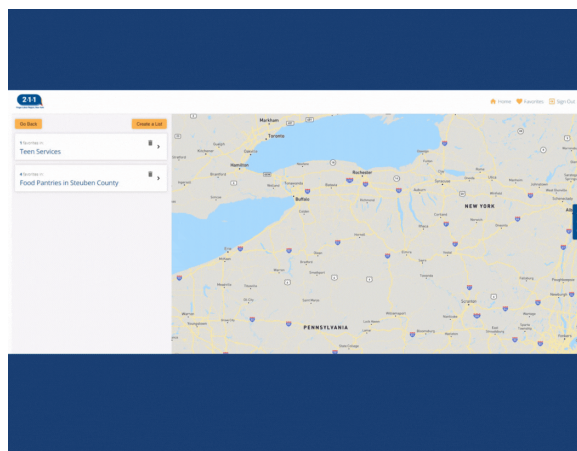
Step 2: start searching

Example: "food pantries, 14830, 30 mile"



Step 3: "Favorite" your search

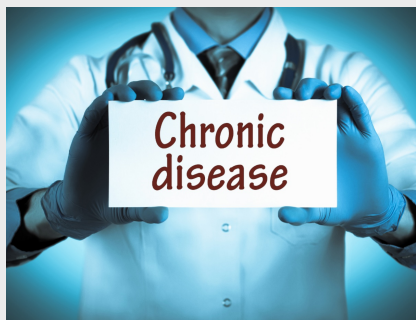
Step 4: Click "create a list" or you can add the favorite to an already existing list



You can view your lists by clicking "favorites" in the upper right hand corner.

<https://search.211helpline.org/>

Steuben Rural Health Network



Living Healthy Southern Tier

Chronic Disease Self-Management Program

Living Healthy of the Southern Tier is a **FREE** six (6) week, evidence-based workshop.

Date of Classes:

- Session 0: Tuesday, February 21st (this orientation will be 30 minutes in length to complete registration and to meet your workshop facilitators)

Workshop topics includes:

- How to deal with frustration,

- fatigue, isolation, and pain
- Maintaining a mind-body connection
- Ways to maintain and improve strength, flexibility, relaxation, and endurance
- Managing & maintaining healthy eating habits
- How to communicate more effectively with family, friends, and health professionals
- Action planning/goal setting

- Session 1: Tuesday, February 28th (1st day of actual workshop materials)
- Session 2: Tuesday, March 7th
- Session 3: Tuesday, March 14th
- Session 4: Tuesday, March 21st
- Session 5: Tuesday, March 28th
- Session 6: Tuesday, April 4th

Time: 1:00PM to 3:30PM (same time every Tuesday)

Location: The Dormann Library Community Room
(101 W. Morris St., Bath, NY 14810)

[Click here](#) to download flyer (pdf).

[Registration](#)



Girls on the Run

Spring 2023 Season: **Registration OPEN!**

To download the flyer for each site, click on site name below.

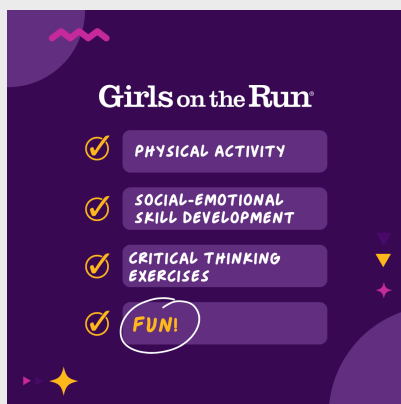
Girls on the Run Curriculum (3rd-5th grade)

Bath Central School (VEW)
Glenn Curtiss Elementary
Campbell-Savona Elementary School
Odessa- Montour: Hanlon Elementary

Heart & Sole Curriculum (6th-8th grade)

Bath Central School (Dana Lyon)
Horseheads Intermediate

"The experience my daughter, gained from Girls on the Run helped her realize that she could participate in any activity with fellow peers and work toward independence by building strength, a strong sense of self and more confidence." -GOTR Parent



[Learn More Here](#)

Members' News & Events

If you have [newsletters](#) or [events](#) that your organization would like to share with IHS members, please email content to provider@ihsnet.org for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

2023 What's Coming!

Coming this spring!

- Peer Recovery & Advocacy Coaching
- Google Suite
- Canva for Beginners
- Digital Media Marketing
- De-Escalation Training
- Non-Profit Management



[Click here](#) to view other online professional development courses.

Get Updates for Upcoming Trainings

**Family Trivia:
Wild and Wacky Nature**

Tanglewood Nature Center & Museum



Bring the family for an afternoon of nature trivia competition and fun.

Join Tanglewood on **February 11th from 1-3pm** for three rounds of trivia, drinks, snacks and prizes for the winning team! Best suited for children 5 and up.

Teams can be made up of 3-7 people. \$10 for adults and \$5 for children 18 and under.

Visit their Website

Winter Wiggles

Tanglewood Nature Center & Museum

Tanglewood's Winter Wiggles programs are back!!

Come up to Tanglewood Nature Center every first and third Wednesday from 10am-11am.

This FREE pre-K program will run into March. It's time to relax in our cozy auditorium. Each program will include a story, an animal coloring sheet with crayons, and a fun animal guest. No RSVP is needed. Here is a look at our upcoming schedule!



- 1/18 - Nina the Chinchilla
- 2/1 - Bruce the Short-tailed Opossum
- 2/15 - Furby the Ferret
- 3/1- General the Bearded Dragon
- 3/15- People's Choice - Last Wiggles of the year

[Learn More Here](#)



2022-23 Finger Lakes Children's Environmental Health Center Webinar series

Finger Lakes Children's Environmental Health Center

The series will continue on Wednesday January 18th at noon. CME credit is offered. Register today for the next webinar, "Molds in the Environment."

Registration is required.

[Register Here](#)

Believe in Youth Bowl-A-Rama

Family Service Society, Inc.

The annual Believe in Youth Bowl-A-Rama, which supports Youth Mentoring of the Southern Tier, a program of Family Service Society, Inc.

SATURDAY, MARCH 11, 2023 AT 11:00 AM
EST

Location: Crystal Lanes

[Click here](#) to purchase tickets!

[Event Page](#)



Community Foundation Scholarship Applications – OPEN NOW!



If you know a graduating student or an adult attending or returning to college/university in Summer or Fall 2023, you can apply for over \$500,000 in scholarships administered by the Community Foundation!

Find a list of all Scholarships available for **High School Applicants** [here](#) and through the **General Scholarship** [here](#).

Find a list of all Scholarships available for **Adult Applicants** [here](#).

Deadlines are February 17th – [apply now!](#)

Email your questions to [Katie McConville](#).

Gratitude Summit

Community Foundation of Elmira-Corning and the Finger

Join the Community Foundation from the comfort of your office or home for **Gratitude Summit 2023!**

Tuesday, February 14, 2023 from 9:30 AM to 11:00 AM

The Community Foundation is sticking with the virtual format this year encouraging you to stay cozy for a morning of gratitude and fun!

Tickets are only \$10 and include the online event, activity supplies and a sweet treat!

[Register Here](#)

GRATITUDE SUMMIT

*A virtual gathering hosted by the
Community Foundation
Tuesday, February 14
9:30-11*



Tax Programs

A message from 2-1-1 Helpline of the Finger Lakes and Arbor Housing



The Southern Tier CA\$H (Creating Assets, Savings and Hope) Program is officially closed. However, 2-1-1 Helpline of the Finger Lakes and Arbor Housing and Development is still committed to providing access to tax support throughout the Southern Tier.

United Way offers a free online filing service that you can use anywhere. [MyFreeTaxes.com](https://www.myfreetaxes.com) is a tool (H&R Block software) for people who made \$66,000 or less in combined Adjusted Gross Income (AGI) in 2018.

To view more free online filing services and resources, [click here!](#)

Please pass along this information to friends, family, clients, and colleagues.

You can prepare and file both federal and state taxes at no cost, and claim valuable tax credits like the Earned Income Tax Credit (EITC).

[My Free Taxes by United Way](#)

Grant Opportunities

Improve Safety at Nonprofits at Risk of Hate Crimes and Attacks

Governor Hochul announced the opening of applications for \$50 million to strengthen safety and security measures at nonprofit, community-based organizations at risk of hate crimes or attacks because of their ideology, beliefs, or mission.

Archived from January 6th Edition



This funding is the greatest amount ever available through the program. Nonprofit organizations that have previously received grants may now apply for new security projects, and for the first time, cybersecurity projects will be considered for funding.

Additionally, Governor Hochul announced \$46 million in federal funding for 240 nonprofit organizations across the state facing an increased risk of terrorist attack. This critical funding will assist in strengthening the security of their facilities, as well as enhance overall preparedness.

Applications must be submitted by noon on Tuesday, Feb. 28, 2023.

[Learn More and Apply Here](#)

Community Needs Assessment Update(s)

"One-Stop Shop" - - All things data hub

The Institute provides management support, information and referral, organizational development, and research services to planners, funders, and providers serving the Southern Tier of New York State.

IHS' mission is to advance nonprofit and community partners in the region through innovative, collaborative, and responsive solutions to address community needs.

To further carry out IHS' mission, IHS will act as a repository for the region's community needs assessment reports. All information will be stored on IHS' website under the "**Community Data**" section. By having one central location for all data (hub), this will help organizations streamline collaboration and research.

If your organization has any needs assessment reports that you would like to share, please email provider@ihsnet.org.

[Visit our Website](#)

2023 Community Perception Survey

Opioid Committee: Steuben Prevention Coalition

Archived from January 6th Edition

If you are a resident of Steuben County, NY, please take five minutes to complete the survey at the link below. Your input is an important part of our drug



Please share with all email contacts in Steuben County.

prevention efforts for 2023.

This survey...

- Will ask 24 questions about your use of prescription drugs, and some other drugs.
- Results will be used to help inform and improve prevention programs.
- Is completely voluntary. You may skip questions you are uncomfortable with.
- Is completely anonymous.
- Should take 5 minutes to complete.

[Respond Now](#)

State of the Sector Survey

NYCON



New York Council of Nonprofits (NYCON) is putting the finishing touches on their "2023 State of the Sector" report and they need your help.

Please complete this brief anonymous survey so NYCON can better serve and advocate for nonprofit members.

[Respond Now](#)

What's Happening at NYCON

BoardStrong Training: Practical Strategies to Increase Board Diversity

January 23th at 12:00 pm

Please join NYCON for a critical conversation on how nonprofits can start to foster diversity, equity, and inclusion within their organizations.

Nonprofit boards of directors often do not reflect the communities that they serve. How do we move beyond just using a board matrix to really looking at issues of diversity and inclusion? In what ways are organizational practices and expectations of board members unconsciously creating barriers for recruitment and to foster a culture of belonging?

[Register](#)

January Spotlight(s)

National Radon Action Month

Test your home. Protect your health.



Message from the Steuben County Public Health Department

Have you tested your home for radon? No better time than National Radon Action Month! Learn more by clicking the button below.

[Learn More Here](#)

January is National Human Trafficking Prevention Month

Catholic Charities Chemung & Schuyler



ELMIRA, NY – January is National Human Trafficking Prevention Month and our local Safe Harbour Programs are asking for your help recognizing human trafficking in our local community.

Human trafficking is a crime involving the exploitation of someone for the purposes of compelled labor or a commercial sex act through the use of force, fraud, or coercion. Human trafficking affects individuals across the world, including here in the United States, and is commonly regarded as one of the most pressing human rights issues of our time. Human trafficking affects every community in the United States across age, gender, ethnicity, and socio-economic backgrounds.

Locally, Catholic Charities, in partnership with the Schuyler County Youth Bureau, operates the Runaway and Homeless Youth Program and the Safe Harbour Program serving anyone 10-24 years old who has run away, is at risk of running away or has been a victim of human trafficking. The local 24-hour hotline

can be reached by calling or texting 607-742-9629 at any time. A website with resources and help can be found at [SafeHarbourHelp.org](https://www.safeharbourhelp.org).

In Chemung County, the Safe Harbour program is offered through a partnership between the New York State Office of Children and Family Services and Chemung County. Safe Harbour works to address human trafficking by providing education and services to youth at risk of becoming victims, or those who have been confirmed to be victims, of exploitation. There is a concentrated effort to increase community awareness on what human trafficking looks like in our local community, how to identify potential victims, and how to prevent youth from being exploited. Call or text 607-481-3963 or email SafeHarbour@ChemungCountyNY.gov if you have questions or concerns about any youth, up to 18 years of age.

The two Safe Harbour Programs have partnered to bring a free, in-person event to the community and local service providers during January:

Forum on Human Trafficking – Arnot Mall Event Center – 1/25/23 – 6:00 pm

- Join us to hear Andy Stowers Forest & Melanie Puerto Conte from HEAL Trafficking Speakers' Bureau as they share their expertise.
- A panel of local experts will close out the evening with time for Q&A.
- A light meal (subs, wraps, chips) will be available at no cost.
- Register online by 1/20: [CLICK HERE](#) or by calling: 607-535-2050
- Teens welcome!

For more information, please visit the Catholic Charities website at [atcs-cc.org](https://www.atcs-cc.org) or call 607-535-2050 and speak with Sophie in Schuyler. In Chemung County, call 607-737-5597 and speak with Jillian. If you believe you may have information about a potential trafficking situation, please contact the National Human Trafficking Hotline at 1-888-373-7888.

FORUM ON HUMAN TRAFFICKING

**ARNOT MALL EVENT CENTER
JANUARY 25 AT 6:00 PM
REGISTER BY 1/20/23**



Scan the QR Code to register or go online:
<https://bit.ly/ForumHumanTrafficking>
Call: 607-535-2050

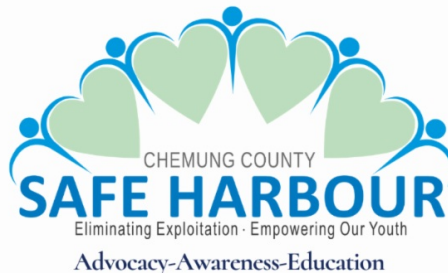
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A panel of local experts will close out the evening with time for Q&A. A light meal (subs, wraps, chips, drinks) will be available at no cost.

Learn more at www.CatholicCharitiesChemungSchuyler.org



SAFE HARBOUR
Providing Help for Youth in Schuyler County
Safe Harbour Program for Youth
operated by Catholic Charities in
partnership with the Schuyler
County Youth Bureau.



A Program of Children's
Integrated Services.

Get *Vaxxed*

Routine and required
immunizations available at:
Steuben County Public Health
Monday - Friday
Call to schedule:
607-664-2438

MMR
Tdap
HPV
Polio
Hepatitis
Varicella
Mpox
& More



Public Health
Prevent. Promote. Protect.
Steuben County NY

Upcoming Professional Development

(Workshops, Trainings, Webinars, Courses)

LEARNING
KNOWLEDGE
EXPERIENCE
ABILITY
TRAINING
COMPETENCE
SKILLS
GROWTH



To view more information or to register, be sure to click the **bolded areas of the title below.**

New

Design for Transformation: Creating Engaging Online Programs Using a

Coaching Framework

Wednesday, March 8th from 12:00 pm-2:00 pm EST with Erica Marx. Make your upcoming workshops, events, and meetings more engaging and impactful by applying a simple, goal-oriented, 5-stage coaching framework to your design. There is a fee associated with this training (\$80). Please note: Free for anyone working to end systemic racism. Use code BLACKLIVESMATTER. Free if you've registered for this program in the past. Enter code DESIGNALUMNI, Scholarships available; reply to this email to inquire.

Stress-Free Leadership: Living Your Best Life While Inspiring Others

The Stress-Free Leadership will be hosted in Corning from 9:00 am-4:00 pm on February 21st & 22nd, or March 22nd & 23rd. There is a cost associated and registration is limited.

[Click here](#) to view stress-free leadership testimonials.

New York State Public Health Corps (NYSPHC)

Learn more about the New York State Public Health Corps (NYSPHC) Fellowship Program and apply today to make a difference in your community. Looking for fellows in Chemung and Steuben County. Pass along this amazing opportunity.

Nonprofit
Employment
Opportunities



If you have **job posts** that your organization would like to share with IHS members, please email content to provider@ihsnet.org for it to be included in the next edition.



NEW

Elmira, New York

Chemung County Library District (CCLD)

[Library Director Job Description](#)



NEW

- Service Coordination Supervisor (NHTD & TBI Waiver Programs)
- Care Manager (Health Home)
- Supported Employment Specialist
- Disability Advocate
- Veterans Advocate
- Health Insurance Navigator
- Information Technology Generalist
- Human Resources Generalist
- Home Care Personal Assistants

Click Here

- OPWDD Support Broker
- OPWDD Self-Hire Staff

Click Here



50 Liberty Street, Bath, NY 14810
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