

A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.

## Coordinated Transportation Services

### Volunteer Drivers Needed

Want to help your community? One ride can make a difference!



*Please share this amazing opportunity with friends, family, clients, and the community.*

As of January 1st, the rate of reimbursement is \$0.655/mile. We currently reimburse drivers for authorized mileage from when you leave your home until you return home on these assignments.

Volunteer drivers transport clients both locally and long distance to places like Rochester, Buffalo and Sayre, if you are willing. We will also cover any expenses involved such as parking, tolls and reasonable meal allowances (if the assignment extends over any mealtime).

You can call toll free at 1-800-346-2211 or (607) 776-9467 ext. 222 for more information on how to become a volunteer driver.

## Steuben Rural Health Network

### Living Healthy Southern Tier

*Chronic Disease Self-Management Program*

Living Healthy of the Southern Tier is a **FREE** six (6) week, evidence-based workshop.

**Date of Classes:**

- Session 0: Tuesday, February 21st (this orientation will be 30 minutes in length to complete registration and to meet your workshop facilitators)
- Session 1: Tuesday, February 28th (1st day of



Workshop topics includes:

- How to deal with frustration, fatigue, isolation, and pain
- Maintaining a mind-body

- connection
- Ways to maintain and improve strength, flexibility, relaxation, and endurance
- Managing & maintaining healthy eating habits
- How to communicate more effectively with family, friends, and health professionals
- Action planning/goal setting

- actual workshop materials)
- Session 2: Tuesday, March 7th
- Session 3: Tuesday, March 14th
- Session 4: Tuesday, March 21st
- Session 5: Tuesday, March 28th
- Session 6: Tuesday, April 4th
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**Time:** 1:00PM to 3:30PM (same time every Tuesday)

**Location:** The Dormann Library Community Room  
(101 W. Morris St., Bath, NY 14810)

[Click here](#) to download flyer (pdf).

[Registration](#)

## Members' News & Events

If you have **newsletters or events** that your organization would like to share with IHS members, please email content to [provider@ihsnet.org](mailto:provider@ihsnet.org) for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

### 2023 Educational Schools For Garden Centers, Greenhouses & Growers

*Cornell Cooperative Extension of Steuben County*

**January 18, 2023**  
**8:30 AM - 12:30 PM**

Steuben County CCE is participating in the Virtual morning program series for the 2023 Educational Schools for Garden Centers, Greenhouses, and Growers. Zoom links will be provided upon registration.

Registration for the morning series is \$50.00 per registrant. The deadline for registration is January 15, 2023.



[Registration Required](#)

### Operation Parent Hosts Webinars

*Steuben Prevention Coalition*

**January 24**

1:00 pm-2:30 pm EST

**Facing Fentanyl Head On as a Parent**

with DEA Agent Wendy Woolcock

[Click here](#) to register.

**February 7**

1:00 pm-2:30 pm EST

**Opioid Prevention in the Home and in the  
Community**

with Captain King of SAMHSA

[Click here to register.](#)



## The ACCEL Clinic

*Economic Opportunity Program, Inc.*

ACCEL Clinic at EOP, making lead screening more accessible to families.

Through EOP, Inc.'s partnership with other area organizations, the ACCEL Clinic was born, and as of November 2022, the clinic celebrated having tested more than 100 children and adults for lead in Chemung County.

Ken Roberts, Director of Marketing, Communications & Community Relations at Arnot Health, cited the collaboration and cooperation needed to launch the ACCEL Clinic. "Every one of the partners in this initiative plays an important role in operating the clinic and sustaining momentum toward the development of more health and wellness offerings," he said. "This would not have been possible without the individual contributions of each partner, and we take shared pride in what we've been able to achieve thus far."



[View Full Article Here](#)



[Click here](#) to download flyer. Please pass along the vaccine clinic information to partners and clients.

## Community Vaccination Clinic

*Chemung County Health Department*

**Tuesday, January 10th from 4:00 pm-6:00 pm** at the Biltmore Crossing Apartments located at 81 Biltmore Drive, Horseheads.

Free vaccinations being offered:

- Flu Vaccine
- JYNNEOS (mpox)
- COVID-19 Bivalent Booster

Registration is encouraged. Walk-ins are welcome. Face masks are required.

[Register Here](#)

## 2023 Toastings & Tastings

*Catholic Charities Steuben/Livingston*

Catholic Charities Steuben/Livingston  
**Toastings & Tastings Event**  
In Honor of Fr. Lew  
March 23, 2023  
The Radisson Hotel – Corning



Your sponsorship supports a Critical Mission: Helping People Become Self-Sufficient.

[For More Information](#)



## Resilient Children and Families Community Based Family Resource Centers January Offerings 2023

*Pro Action*

Visit **Pro Action's website page** for their interactive calendar that shows all events happening at each Family Resource Center site.

[January's Offerings](#)

## Grant Opportunities

### Improving Access to Care and Other Health Inequities in Rural America



The health of people living in rural communities has worsened in recent decades compared to urban populations. The American Heart Association (AHA) is soliciting novel solutions for the disparities through its Health Equity Research Network on Rural Health. Pre-proposals are required via email by Jan. 26.

[APPLY TODAY](#)

Mark your calendar for a live session to apply for the AHA Health Equity Research Network on Improving Access to Care and Other Health Inequities in Rural America: Jan. 12 at 12 p.m. CT.

[Visit AHA Website](#)

## Improve Safety at Nonprofits at Risk of Hate Crimes and Attacks



Governor Hochul announced the opening of applications for \$50 million to strengthen safety and security measures at nonprofit, community-based organizations at risk of hate crimes or attacks because of their ideology, beliefs, or mission.

This funding is the greatest amount ever available through the program. Nonprofit organizations that have previously received grants may now apply for new security projects, and for the first time, cybersecurity projects will be considered for funding.

Additionally, Governor Hochul announced \$46 million in federal funding for 240 nonprofit organizations across the state facing an increased risk of terrorist attack. This critical funding will assist in strengthening the security of their facilities, as well as enhance overall preparedness.

Applications must be submitted by noon on Tuesday, Feb. 28, 2023.

[Learn More and Apply Here](#)

## Community Needs Assessment Update(s)

### "One-Stop Shop" - - All things data hub

The Institute provides management support, information and referral, organizational development, and research services to planners, funders, and providers serving the Southern Tier of New York State.

IHS' mission is to advance nonprofit and community partners in the region through innovative, collaborative, and responsive solutions to address community needs.

To further carry out IHS' mission, IHS will act as a repository for the region's community needs assessment reports. All information will be stored on IHS' website under the "**Community Data**" section. By having one central location for all data (hub), this will help organizations streamline collaboration and research.

If your organization has any needs assessment reports that you would like to share, please email [provider@ihsnet.org](mailto:provider@ihsnet.org).

[Visit our Website](#)



## Census of Agriculture

### [Why participate?](#) (video)



The Census of Agriculture is a complete count of U.S. farms and ranches and the people who operate them. Even small plots of land - whether rural or urban - growing fruit, vegetables or some food animals count if \$1,000 or more of such products were raised and sold, or normally would have been sold, during the Census year. The Census of Agriculture, taken only once every five years, looks at land use and ownership, operator characteristics, production practices, income and expenditures. For America's farmers and ranchers, the Census of Agriculture is their voice, their future, and their opportunity.

[Respond Now](#)

## Dormann Library Launches Community Survey



The Dormann Library would love to have your input on their library services.

Please take a few minutes to fill out their survey and, if you're able, to send it on to your contacts.

[Respond Now](#)

## 2023 Community Perception Survey

*Opioid Committee: Steuben Prevention Coalition*



Please share with all email contacts in Steuben County.

If you are a resident of Steuben County, NY, please take five minutes to complete the survey at the link below. Your input is an important part of our drug prevention efforts for 2023.

This survey...

- Will ask 24 questions about your use of prescription drugs, and some other drugs.
- Results will be used to help inform and improve prevention programs.
- Is completely voluntary. You may skip questions you are uncomfortable with.
- Is completely anonymous.
- Should take 5 minutes to complete.

[Respond Now](#)

## Investment Survey

*CCE Steuben*



Please share with all email contacts.

CCE Steuben recently received a mini grant to help women and minorities do more investing.

You will be put in for a gift card of \$25 just for doing the survey and intake form. Anyone can complete the survey (even men!)

Right now, they are targeting employees that may not have any kind of investments. Investments can be your typical stocks, but they can also be investing in retirement or the NYSaves program for kids' college as well.

[Respond Now](#)

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## What's Happening at NYCON

### Membership Benefits Orientation

*January 13th at Noon*

Are you a new NYCON member or just need a refresher on member benefits? Join this comprehensive view of how NYCON can help your organization and the benefits available to you.

[Register](#)

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### COVID Employee Retention Credit

*January 18th at 10:00 am*

Join this "brief-inar" only 30 minutes! COVID Employee Retention Tax Credit is available for nonprofits who were impacted by COVID in either 2020 or 2021.

If your organization either had a temporary or permanent suspension of operations due to a government mandate or had a significant gross receipts decline, you may be eligible.

It is a simple process to determine if you are eligible to receive credits for one quarter or for all quarters. Join to learn how to determine if your agency qualifies.

[Register](#)

# Advocacy

## Nonprofit Workforce Shortages

The headline for New York nonprofits is equally relevant for organizations all over the country: New York nonprofits say they're suffering the worst staffing shortage in years . "Organizations blame the shortfall on post-COVID-19 upheaval, a wage rise in Starbucks-type jobs and not enough public funding to offer higher salaries."

[Full Article](#)

# Spotlight



A program of Steuben Rural Health Network at The Institute for Human Services, Inc. When girls feel a sense of pride, they shine differently. From the first practice to crossing the 5K finish line, #GOTR girls learn that their self-worth is paramount to all that they do. The lessons help girls unleash their inner superstar and teach them to never let their light dim.



Unlock your girl's limitless potential and join us this season! **Girls on the Run of the Southern Tier participant registration for the Spring 2023 season opens January 5th.**

[Visit GOTRST Website](#)



# Upcoming Professional Development

(Workshops, Trainings, Webinars, Courses)



To view more information or to register, be sure to click the **bolded areas of the title below.**

## **Stress-Free Leadership: Living Your Best Life While Inspiring Others**

The Stress-Free Leadership will be hosted in Corning from 9:00 am-4:00 pm on January 18th & 19th, or February 21st & 22nd, or March 22nd & 23rd. There is a cost associated and registration is limited. [Click here](#) to view stress-free leadership testimonials.

## **New York State Public Health Corps (NYSPHC)**

Learn more about the New York State Public Health Corps (NYSPHC) Fellowship Program and apply today to make a difference in your community. Looking for fellows in Chemung and Steuben County. Pass along this amazing opportunity.

## Mark Your Calendar: Awareness Days



January 2023  
National Blood Donor **Month**



January 2023  
Poverty Awareness **Month**



January 16th  
Martin Luther King Jr. Day

# Nonprofit Employment Opportunities



If you have **job posts** that your organization would like to share with IHS members, please email content to [provider@ihsnet.org](mailto:provider@ihsnet.org) for it to be included in the next edition.

## Catholic Charities Steuben / Livingston

[Click Here](#)



**\*NEW\***

- Service Coordination Supervisor (NHTD & TBI Waiver Programs)
- Care Manager (Health Home)
- Supported Employment Specialist
- Disability Advocate
- Veterans Advocate
- Health Insurance Navigator
- Information Technology Generalist
- Human Resources Generalist
- Home Care Personal Assistants
- OPWDD Support Broker
- OPWDD Self-Hire Staff

[Click Here](#)



**Catholic Charities of**



**Arbor Housing and  
Development**

## Chemung & Schuyler

### Hiring Event For Open Positions

Catholic Charities of Chemung & Schuyler  
are hiring!

Interested applicants should bring their  
resumes & completed applications to learn  
more about our open positions. This will  
be held in the gym at 160 High Street,  
Elmira, NY.

**Wednesday, January 11, 2023**  
**2:00 pm-7:00 pm**

[Click Here](#)

- Mental Health Residential  
Assistant
- HARP & Health Homes Plus Care  
Manager
- CORE Behavioral Health  
Specialist
- DV Shelter Advocate
- Maintenance Assistant

[Click Here](#)



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**COMMUNICATION - - COLLABORATION - - CAPACITY BUILDING**

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