





The 2023 Girls on the Run of the Southern Tier end of season **5K Celebration** that took place on Sunday, June 4th, at Bath Central School.

This is the first year since 2019 that all our teams were able to be together in one place.

- We had **23 coaches** (that's 100 % attendance for our regular season GOTR Coaches)
- **132 participants** (that's 94% of our regular season participants) along with their families/friends
- 132 running buddies
- 71 registered volunteers to help bring the day together!!

That's approximately **550+ people who attended** this year's event (358 registered individuals, plus an estimated 200 additional family members and friends).

And to top it off, the weather couldn't have been more perfect!

A huge thank you to everyone who was involved in a very successful 2023 Girls on the Run of the Southern Tier season!





# Steuben Rural Health Network

**Grants Awarded** 

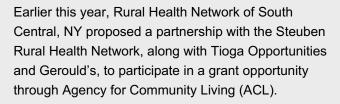
### **Teen Mental Health First Aid**

On June 12, 2023, SRHN received an award of



\$175,000 to disseminate teen Mental Health First Aid (tMHFA). The grant period term is July 1, 2023, through December 31, 2024. tMHFA teen Mental Health First Aid (tMHFA) will help prepare teens in grades 10-12, or ages 15-18, in Steuben and Chemung counties to identify, understand and respond to signs of mental health and substance use challenges among their friends and peers.

### **Evidence-Based Programming**





This proposal would increase the capacity to deliver and create sustainability of Chronic Disease Self-Management Program and Chronic Pain Self-Management Program in Broome, Tioga, Delaware, Chemung, and Steuben Counites.

On **May 3, 2023**, "Building Capacity and Sustainability for Evidence-based Self-Management, SRHN was notified that the grant was approved. This new collaboration will provide additional Master Trainers and Peer Leaders to ultimately increase the number of participants in Chronic Disease Self-Management Education programs throughout the 5 program counties. Watch for more information to come!!

## Members' News & Events

If you have **newsletters or events** that your organization would like to share with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

#### "Ounce of Prevention"

Steuben Prevention Coalition

The Steuben Prevention Coalition would like to congratulate all the 2023 Steuben County graduates.





July Offerings Pro Action Resilient Children and Families

The Pro Action Resilient Children and Families Community Based **Family Resource Centers** is excited to share their July calendar's full of **Splish**, **Splash Water Play** with the Mobile FRC , **Water Fun**, at the Bath Area FRC, **Summertime Fun** with the Hornell and Addison FRC, **All About Turtles** with the Dansville FRC!

Registration is now open! YDP is also a Summer Food Service Program Site - 11:00am - 12:00pm. For kids and teens 18 and under. <u>Click here</u> to view flyer.

#### Parenting Education offerings:

- Flip-lt Virtual, 4-week session to learn how to flip children's challenging behaviors into more cooperative behaviors.
- Flip-It Reunion- a class for anyone who has taken the original Flip-It class, join for a quick refresher, then stay to share your stories and ask your questions.
- Understanding and Responding to Sexual Behaviors, Summer is swimsuit time, a perfect time to begin those conversations with children on healthy body boundaries. Join this group to help better understand and respond to those behaviors of children in those early childhood years.

#### **Pro Action's Website**



Contact **Tawyna Hughes at 607-684-3923 or <u>hughest@proactioninc.org</u> for any Parent Education Information.** 

### Kid's Farmers Market Sites

Chemung County

**Downloadable List** 





#### Supporting Aging in our Community

Innovative solutions available at the intersection of built environment and long term care.

#### **Downloadble PDF**

MPox Vaccine Pop-Up Clinic Chemung County Public Health Department

The Chemung County Health Department in conjunction with Southern Tier AIDS Program is offering the following free Mpox Clinic.

> Friday, June 30, 2023 10:00 am-2:00 pm Chemung County Health Department 103 Washington St, Elmira



**Downloadable Flyer** 

#### Present at AHC 2023 Finger Lakes Community Health



Finger Lakes Community Health aims to educate our attendees on how to improve outcomes related to social determinants of health, especially sexual and reproductive health.

If your organization is interested in presenting, please take a few minutes to fill out our Request to Present below. The Finger Lakes Community Health Commitee will review all applications at their July meeting and let your organization know by the end July if you are a selected presenter.



## What's Happening at NYCON?

### **BoardStrong Roundtable: Nonprofit Board Chairs**

June 27 @ 12:00 pm

Join NYCON to hear from a panel of Board Chairs who got their organizations through the challenges of the past several years – and how they are planning to move forward into a new, challenging future.

Moderator: **David Birdsell**, Provost and Senior Vice President for Academic Affairs, Kean University; Board Chair, BoardStrong

Panelists:

Zanetta Addams-Pilgrim, Principal, ZAP Consults; Board Chair, Cause Effective Maureen Brady Atinsky, Board Chair, CELF- Children's Environmental Literacy Foundation Brian J. Wolters, Business Loan Officer, Sunmark Credit Union; Board Chair, Regional Food Bank of Northeastern New York

**Register Here** 

### **Communication and Culture**

July 7th @ 10:30 am

Join Meghan Gorton, Nonprofit Capacity Building Advisor, for this tailored session specifically to help improve communication skills and foster engagement with stakeholders, donors, volunteers, and the wider community.

Meghan will cover basic communication strategies, assessment techniques, various communication types, and best practices for creating meaningful and impactful interactions. Additionally, we'll discuss how addressing work culture can improve workforce communication, overall health, and employee retention.

**Register Here** 

# One Community, Many Services Fair

Hosted by Dormann Library

The Dormann Library is delighted to extend an invitation to you and your organization to participate in the upcoming community-focused human services fair, **"One Community, Many Services."** This event, in collaboration with the Dormann Library, aims to connect members of our community with a diverse range of direct services groups and organizations.

"One Community, Many Services" will take place on July 20th, 2023, from 10 AM to 4 PM at the Dormann Library located at 101 West Morris Street Bath, NY. As a valued member of The Institute for Human Services, we believe your organization can make a significant impact by displaying your services and engaging with community members who can benefit from your expertise.

By participating in this human services fair, your organization will have a unique opportunity to:

- Showcase your services: Set up a display booth and create an engaging environment where attendees can learn about the vital services your organization offers.
- Connect with individuals in need: Reach out to community members who may require your assistance and establish connections that can make a lasting impact.
- Build partnerships: Engage with other service-oriented organizations, fostering collaboration and creating a network of support within the community.

We envision **"One Community, Many Services"** as a platform for organizations like yours to make a difference by connecting directly with individuals seeking crucial services. Together, we can bridge the gap and create a stronger, more vibrant community.

To reserve your organization's spot at the fair and secure a display booth, please email the special projects clerk of the Dormann Library, Erik W. House, <u>housee@stls.org</u>. The Dormann encourages you to register as soon as possible, as space is limited.

If you have any questions or require further information, please do not hesitate to reach out to the event team at <u>housee@stls.org</u>.

Thank you for considering this invitation. We sincerely hope that you will join The Dormann Library at "One Community, Many Services" and contribute to the success of this important community event. Together, let's make a positive impact on the lives of those who need it most.

Visit Website

# **Grant Opportunity**

#### Bureau of Health Equity and Community Engagement Large Wellness RFA

The New York State Department of Health (NYSDOH), Center for Community Health (CCH), Division of Family Health (DFH) and Health Research Inc (HRI) announce the availability of up to 27 awards of up to \$250,000 each to support community-based projects in Rest of State (outside of New York City) to achieve outcomes for a project with funding from the Centers for Disease Control and Prevention (CDC) entitled, National Initiative to Address COVID-19 Health Disparities Among Populations at High-Risk and Underserved, Including Racial and Ethnic Minority Populations and Rural Communities. CDC - COVID Disparities OT21 2103 - Partnerships - STLT Gateway.

The deadline to submit applications for the Large Wellness RFA has been extended to 11:59 p.m. on Friday, June 30, 2023 to increase the number of applications. The HRI funding opportunities website and SM Apply portals have been updated with the new deadline.

Learn More Here

June Spotlight(s)

## Save the Date





**Community Health Clinic** *Will be Open* **5 PM to 7 PM the First Thursday of Every Month and 2 PM to 4PM** 

on All Other Thursdays Still Offering Blood Pressure Tests And Lead Screenings.

# **Still Free!**

Ernie Davis Family Center 650 Baldwin Street Elmira, NY 14901 (607) 734-6208 ext. 277

**Underwritten by:** 



**Chemung County** 

Health Department

Economic Opportunity

Program, Inc.

L|E|C|O|M

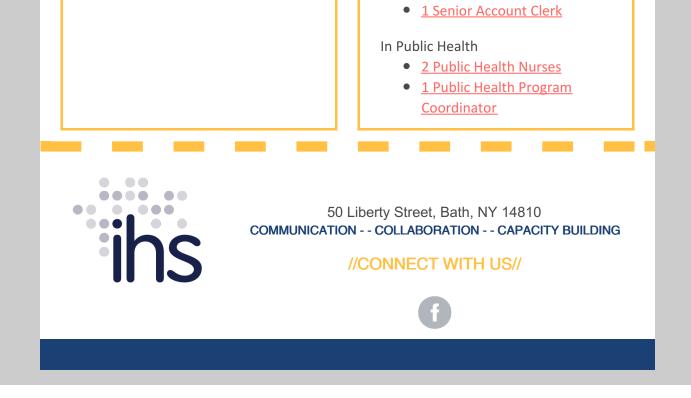
Arnot*Health* It's what we do



If you have **job posts** that your organization would like to share with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition.



• <u>1 Supervisor of Fiscal Services</u>



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