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THE INSTITUTE FOR HUMAN SERVICES, INC.

VIDER

NONPROFIT NEWS

A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.



The Institute for Human Services, Inc. is hosting its annual month of professional development in June. More information will be forthcoming in The Provider - stay tuned!

Steuben Rural Health Network



Volunteer Registration Now Open!



Stop scrolling and keep reading! Have you registered to volunteer for the 5K Celebration yet? No need to stress – there's still time!

Add **June 4th at Bath Central School District/High School** to your calendar and spread the news to friends!

Looking for volunteers for the following 5K Celebration duties:

- Course Monitor
- Crowd Control
- Happy Hair Station
- Water Station
- Set-up

.....and so many more volunteering opportunities for event day!

We'll see you there! [Ready to register now?](#)

[Learn More Here](#)



CPR can double or even triple a person's chance of survival.

Chest compressions are good for the first few minutes someone is in cardiac arrest pushing remaining oxygen through body to keep vital organs alive.
Buys time until someone with more skills can provide help.

Join a Nation of Heartsavers today.

Attend a virtual presentation to gain knowledge of how to act when you encounter a cardiac arrest. Join the Steuben Rural Health Network, a program of The Institute for Human Services for a 30 minute presentation on how to conduct **hands-only CPR**.

The Steuben Rural Health Network (SRHN) received a Community Impact Grant through the American Heart Association. SRHN will be hosting two upcoming Zoom webinars for Hands-Only CPR. Spread the word and sign-up today!

April 26, 2023

1:00 PM to 1:30 PM

Zoom; registration required.

[Register Here](#)

April 28, 2023

9:00 AM to 9:30 AM.

Zoom; registration required

[Register Here](#)

Steuben County Mobility Management

FEMA, NYS Homeland Security, NY Disaster Interfaith Services Meets with IHS' Executive Director and Steuben County Mobility Manager



In rural areas, no one service can meet all needs. Mobility management combines multiple providers and volunteers together to provide comprehensive travel resources for the residents of Steuben County. The Mobility Manager leads the Steuben Coordinated Transportation program and has formed the SCT Advisory Committee. Transportation providers include public transit systems, nonprofit and consumer-specific services, volunteer programs, and private & for-profit transportation planners, funders, and consumers.

One of the roles that the Steuben County Mobility Manager is tasked with is facilitating the Southern Tier- Finger Lakes COAD; no two disasters are alike. The impact on each individual is different. The needs of each are unique and often unmet. However, a community and its citizens are unquestionably better served if a Community Organization Active in Disaster (COAD) is in place for planning and education long before a disaster strikes. Communities that bring resources together in a COAD can increase the effectiveness of their response to the needs of disaster survivors in a timely way, thereby reducing the social and economic impact of the disaster.

In attendance was Belinda Hoad (IHS Executive Director), Eddie VanStine (Steuben County Mobility Manager), Maggi Daigle (NYS Department of Homeland Security) Kimberly Grisham (FEMA), Robert Carter (Team Rubicon), Peter Gudaitis (Executive Director and CEO, NY Disaster Interfaith Services).

By utilizing 211 as a one-stop call center, we can collect the data necessary to coordinate efforts needed elsewhere after a natural disaster hits. The meeting was to assess the current COAD Plan and discuss any gaps and opportunities that can be improved. 211 is a 24/7 call center to help the community in anyway it can. It provides a comprehensive information service that is designed to assist all segments of the general population. 2-1-1 HELPLINE manages a database of community resources consisting of health and human service providers, nonprofits, educational programs, support & civic groups, and local, city, and county services for a five-county area.

COAD was a key influencer to help with community needs after the flood that devastated Jasper and Woodhull areas. "I feel it was very important to meet with the state representatives face to face to get a better understanding of what happened in Woodhull and how we can learn from that and improve plans for the future. After meeting with Tim Marshall (Steuben County Emergency Services Director) who was one of the leads that started the ST-FL COAD. I wanted to keep that program he and other leaders of the county had developed strong and ready! I want to be prepared when Tim and his team calls for community support assistance" (Eddie VanStine, SC Mobility Manager)

Another topic of discussion was the previous record blizzard in Buffalo. The main points brought up were that if this was to happen in Steuben County, are we ready and do we have a good plan in place. "The main goal is to plan for the worst and try and think of every scenario that could or can happen on a community support level, this way we can help the disaster area victims in proficient timely manner," says Eddie VanStine (SC Mobility Manager).

COAD incorporates representatives from a majority of the community-based programs like United Way and Catholic Charities. COAD is housed and facilitated by the Institute of Human Services located in Bath, NY. Belinda Hoad, IHS Executive Director (former 211 Helpline Director and Steuben County Mobility Manager) was the previous COAD Chair and attended the meeting to give feedback on how 211 and Mobility Management was, and will remain, a vital piece to this community effort.

Members' News & Events

If you have [newsletters or events](#) that your organization would like to share with IHS members, please email content to provider@ihsnet.org for it to be included in the next edition. Please be sure to share upcoming events with

Pinwheel Chalk Walk

Pro Action of Steuben and Yates, Inc.

Tuesday, April 18th, 3:00 pm-4:30 pm

Child Abuse Prevention Month...To raise awareness make a promise to prevention by distributing pinwheels. Pinwheels are a symbol of a happy, carefree childhood and the belief that getting it right for kids early on is less costly than trying to fix problems after things have gone wrong. Doesn't every child deserve this opportunity?



*No registration necessary
Any questions contact:
Kerry Stermole
Bath FRC Coordinator
(607)-622-1068 (desk)
(607)-382-8873 (cell)

[Learn More Here](#)



Winning Mealtimes with Ms. Missy Hope

Pro Action of Steuben and Yates, Inc.

Are you tired of dinner time battles? Does your mealtime look like this?

April 26th at 10:30 am

Join us for Winning Mealtimes
with Ms. Missy Hope
(Nutritionist with associate in the Culinary Arts)

Bath Area Family Resource Center
Childcare is Provided
Contact Kerry Stermole
607-622-1068 or 607-382-8873

[Learn More Here](#)

Annual Dinner

United Way of the Southern Tier

United Way of the Southern Tier will celebrate local individuals and businesses at its Annual Awards Dinner on Thursday, May 4, at the Corning Museum of Glass.

Tickets for the dinner are [available online](#) until April 20 or sold out.



[Learn More Here](#)

Volunteers Needed

Humane Society of Schuyler County

It is spring and our need for volunteers is growing!!

- Dog Walker



- Cat Care
- Kitten Foster
- Grounds Keeping

[Learn More or Apply Here](#)

[Click here](#) for downloadable PDF flyer.

Creating Your Forever Home

Certified Aging in Place Specialist Sue Gruber of Forward-Thinking Home Solutions & Mike Hurley of Gerould's Healthcare Center will be facilitating nine **FREE** informative sessions.

Starting April 19
Wednesdays, 10:00 - 11:00 AM

Call to preregister for any session:
(607) 737-5520

Location: Chemung County Dept. of Aging,
425 Pennsylvania Ave, Elmira, NY

[Learn More Here](#)



Take the sessions yourself, share with loved ones and clients!

Community Needs Assessment Update(s)

"One-Stop Shop" - - All things data hub

The Institute provides management support, information and referral, organizational development, and research services to planners, funders, and providers serving the Southern Tier of New York State.

IHS' mission is to advance nonprofit and community partners in the region through innovative, collaborative, and responsive solutions to address community needs.

To further carry out IHS' mission, IHS will act as a repository for the region's community needs assessment reports. All information will be stored on IHS' website under the "**Community Data**" section. By having one central location for all data (hub), this will help organizations streamline collaboration and research.

If your organization has any needs assessment reports that you would like to share, please email provider@ihsnet.org.



SHARE YOUR VOICE

Photo Source: Luke Petrinec

Corning/Steuben County Transit Consolidation Study **ONLINE SURVEY**

Use your smartphone camera to scan the QR code and access the survey.



or go to: <https://survey123.arcgis.com/share/00f4214ccd4782bf8e9f331fe1fe61>

Your opinion matters!
This survey will help the City and County to improve the system and overall experience for you and all customers.

For more information and updates on the Corning/Steuben County Transit Consolidation Study, go to www.cityofcorning.com



Take the Survey Here!

March & April Spotlight(s)



nami Homefront

National Alliance on Mental Illness

For more information and to register:
(585-704-2873)

Kathleen McCall, LPMHC
Local Recovery Coordinator
Department of Veterans Affairs

Dates:
Mondays 1-3 pm
May 1st, May 8, May 15, May 22, June 5, June 12.

LOCATIONS:Hybrid Class with locations in
Veterans Administration Centers
Bath, NY and Rochester, NY



For loved ones of military Service Members and Veterans

What is NAMI Homefront?

- A 6-session education program for loved ones of military Service Members and Veterans who experience symptoms of a mental health condition; offered free of charge to participants
- Designed to help loved ones understand and support their Service Member or Veteran while maintaining their own well-being
- Taught by trained family members of Service Members and Veterans who experience symptoms of a mental health condition

THIS PROGRAM OFFERS PRACTICAL, UP-TO-DATE INFORMATION ABOUT MENTAL HEALTH CONDITIONS, INCLUDING POST-TRAUMATIC STRESS DISORDER (PTSD), DEPRESSION AND SUBSTANCE USE/ABUSE. YOU WILL LEARN PROBLEM-SOLVING TECHNIQUES, COPING STRATEGIES AND COMMUNICATION SKILLS IN A CONFIDENTIAL, SUPPORTIVE SETTING



National Alliance on Mental Illness

nami Finger Lakes NY

Need support now or want to learn more about NAMI?
Call (607) 273-2462 or email: help@namifingerlakes.org

A project of NAMI Finger Lakes NY and the Veterans Administration

[Learn More Here](#)



IS YOUR CHILD IN THE RIGHT CAR SEAT?

Come to the [Car Seat Check Event](#) and find out!

Saturday, April 15, 2023

10:00 AM to 2:00 PM

Armstrong Telephone Company

Rear Parking Lot, Front St., Addison

(Look for signs! Across from Kwik Fill Gas Station)

Contact Sergeant Matthew Sorge for more information at 607-622-3911

Sponsored by the Steuben County Sheriff's Office,
Governor's Traffic Safety Committee, Steuben County Public Health, and the
New York State Police



[Learn More Here](#)

What's Happening at NYCON?

2023 Law Changes that Impact Salaries: What's an Exempt Employee, and Why is it Important?

March 29 @ 12:00 pm

Learn how to comply with the new legal requirements, beginning with the basics of how to

determine which employees are exempt and options if you can't meet the salary threshold.

[Register](#)

Executive Director Leadership Retreat

April 26- April 28 Trilogy Hotel, Latham, NY

NYCON's training for executive directors with 5 years or less experience has openings for April. Led by a multi-disciplinary team of experienced instructors, this retreat emphasizes nonprofit executive leadership, management, and problem-solving.

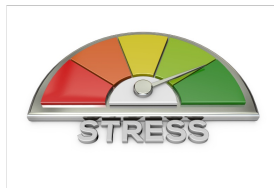
Participants can engage in region, service, and organization-specific conversations with our instructors and their peers, as well as consultations with our instructors.

We'll explore:

- Role of the Executive Director
- Executive Director's relationship with the Board of Directors
- Nonprofit Accounting and Fiscal Accountability
- Effective Marketing & Messaging Strategies
- Legal Accountability & Compliance
- Human Resources Issues and Strategies
- Partnering with Your Board in Fund Development

[Register](#)

Mark Your Calendar: Awareness Days



Stress Awareness **Month**



National Autism
Awareness **Month**



National Public Health
Week (**April 1- 7**)



National Child Abuse Prevention **Month**



National Volunteer **Month**

Upcoming Professional Development

(Workshops, Trainings, Webinars, Courses)



To view more information or to register, be sure to click the **bolded areas of the title below.**

New

National Association of Home Builders Presents-Certified Aging-in-Place Specialist I: Marketing & Communicating with Aging-in-Place Clients

April 24, Oct. 9, OR Nov. 6 from 8:30 am – 4:30 pm; location: 44 Bridge St., Corning, NY
14830 Fee associated. Course & CE Details by [clicking here.](#)

National Association of Home Builders Presents-Certified Aging-in-Place Specialist II: Design Concepts for Livable Homes & Aging-in-Place

April 25, Oct. 10, OR Nov. 7 from 8:30 am – 4:30 pm; location: 44 Bridge St., Corning, NY
14830 Fee associated. Course & CE Details by [clicking here.](#)

National Association of Home Builders Presents-Certified Aging-in-Place Specialist III: Details & Solutions for Livable & Aging-in-Place

April 26, Oct. 11, OR Nov. 8 from 8:30 am – 4:30 pm; location: 44 Bridge St., Corning, NY
14830 Fee associated. Course & CE Details by [clicking here.](#)

Stress-Free Leadership: Living Your Best Life While Inspiring Others

The Stress-Free Leadership will be hosted in Corning on **May 2, 3; July 25, 26; and August 22, 23.** There is a cost associated and registration is limited. [Click here](#) to view stress-free leadership testimonials. To register, call Kate at (570) 439-2004. Registration is limited.

STOP DWI-NY Regional Training Opportunity

Webinar Training Newest Plant Buzz: Kratom and Kava

Date: **April 5, 2023; Time: 9:00 am 1:00 pm.** Presented by Ashley Eller and Sgt Frank Imperato. The NY State STOP-DWI Foundation, Inc., through funding from the NYS Governor's Traffic Safety Committee, is pleased to sponsor a statewide training to benefit local STOP-DWI efforts in New York State. This seminar is free of charge to all STOP-DWI partners engaged in preventing impaired driving. With over-the-counter and plant-

based impairments on the rise, this course provides officers with a look at two of the newest plants that cause impairment, Kratom and Kava. The audience will learn the history of the plants, how they were originally used, and why at least one has been banned in its country of origin. This course will provide a working knowledge of Kratom and Kava impairments and how it affects driving and will help the audience identify products containing them.

Non-Profit Management Program

April 13-June 15, 2023, from 9:00 am-12:00 pm; \$675

The program is designed for those staff seeking to transition into a managerial capacity, new supervisors, and supervisors seeking to improve their effectiveness. This program addresses fundamental skills and knowledge, supervisory effectiveness and covers essential management skills, with a focus on non-profit management: *Introduction to Mission, Values, Strategic Goals and Self Care, Leadership Styles, Supervisor Diversity, Communications and Listening Skills, Effective Business Writing and Speaking, Budgeting 101; Job Descriptions, Roles and Recruiting; Personnel Policies, Evaluations, Performance Plans and Career Paths, Harassment, Corrective Action and Termination.*

Annual Resiliency Symposium

Save the Date: **May 31st from 9:00 am-4:00 pm** at Corning Community College. Hosted by Pro Action of Steuben and Yates, Inc. Keynote speaker will be Dr. Darryl Tonemah; Learning the physiological roots of trauma, burnout, and tools for healing. More details and registration coming soon.

New York State Public Health Corps (NYSPHC)

Learn more about the New York State Public Health Corps (NYSPHC) Fellowship Program and apply today to make a difference in your community. Looking for fellows in Chemung and Steuben County. Pass along this amazing opportunity.



If you have **job posts** that your organization would like to share with IHS members, please email content to provider@ihsnet.org for it to be included in the next edition.

**New York State
Public Health Corps**



[Click Here](#)



SNAP-ED Nutritionist, Bath

[Click Here](#)



50 Liberty Street, Bath, NY 14810
COMMUNICATION -- COLLABORATION -- CAPACITY BUILDING

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