

# THE PR



THE INSTITUTE FOR HUMAN SERVICES, INC.

# VIDER

NONPROFIT NEWS

A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.



## MONTH OF PROFESSIONAL DEVELOPMENT

Unity through Collaboration and Building Excellence

*Registration Closes Soon*

**Spots are filling up quickly. Registration will be closing on May 31st at 5:00 pm.**

The Institute for Human Services, Inc. is hosting its annual month of professional development in June. Register for one or several trainings. Limited space, some trainings are virtual, some are in-person, and some are free or have a fee associated.

[Click here](#) for the downloadable flyers to help spread the word about this amazing opportunity.

[Register Here](#)

## Steuben Rural Health Network

*Girls on Run of the Southern Tier*



Every Girls on the Run lesson is structured to include time for input and discussion from participants. Contributions from girls through sharing their experiences and thoughts regarding lesson topics are critical to the implementation of the Girls on the Run program. Additionally, girls plan and develop a key component of the program – the community impact project – by themselves at the end of the season. Girls decide upon what community service project to do and how to execute the project as a team. The Community Impact Project allows girls to work together to make decisions about what they're interested in and how they'll help. Across several lessons the girls will determine the various steps and complete their project. The Girls on the Run of the Southern Tier completed their Community Impact Project during Lesson 19 during our Spring 2023 season.

### **Center Street Elementary School**

*Our Community Service Project this year: the girls came up with posters of positivity and encouragement for the high school students and graduates of 2023 for Horseheads High School. After creating the posters, the GOTRST team hung the posters in the high school hallways.*

**-Elaine L., Coach**

### **Dundee Elementary School**

*The girls decided they wanted to help a local group, and after discussing ideas, voted to show their gratitude for our local fire and EMT heroes. They split into groups and divided tasks – bakers, decorators, finishing touches and thank you crew. After creating a shopping/supply list, Mrs. Cole got their requested ingredients and materials. On project day, they worked in their smaller groups to create the posters, bake the cookie cakes, and design the cake decorations. The girls presented their gifts to the FD representatives that were invited to the school. Some of the girls' responses were, "It was fun!", "We like to help people.", and "The firefighters will feel appreciated!"*

**- Lauren C., Coach**



# HANDS ONLY CPR

A program of Steuben Rural Health Network

CPR can double or even triple a person's chance of survival. Attend a virtual presentation to gain knowledge of how to act when you encounter a cardiac arrest.

Awareness Webinar



**THURSDAY**



**JUNE 1, 2023**



**AT 7:00 PM-7:30 PM**

**REGISTER NOW**



[bit.ly/June1handsonlyCPR](https://bit.ly/June1handsonlyCPR)



**LAURIE MAULT**

*Presenter*

## What if it were them?

June 1-7 each year is National CPR and AED Awareness Week, spotlighting how lives can be saved if more Americans know CPR and how to use an AED. Did you know about 70 percent of out-of-hospital cardiac arrests happen in homes? If you are called on to give CPR in an emergency, you will most likely be trying to save the life of someone you love. Be the difference for your parent, spouse, or child. What if it were them?

**211 Helpline of the Finger Lakes Region**

# Help is 3 Numbers Away



**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

**211** also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling and Support Groups
- Disaster Aftercare
- Everything Else

**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

**911** provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation



## Members' News & Events

If you have **newsletters or events** that your organization would like to share with IHS members, please email content to [provider@ihonet.org](mailto:provider@ihonet.org) for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

### Dormann Library

The Dormann Library will be implementing A LOT of events for all ages. The library budget vote will be happening on Tuesday, June 13th from 12:00 pm-8:00 pm.

Please checkout some of their happenings in June, along with passing on these amazing opportunities to friends, colleagues, family, and the community!

[Click here](#) to download pdf's of **ALL** youth and teen events happening at The Dormann Library. Pass along!

[Click here](#) to download pdf's of **ALL** adult related events happening at The Dormann Library. Pass along!

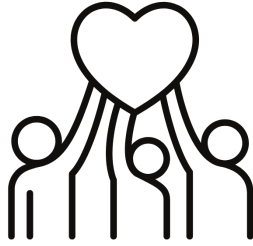


[Click here](#) for the **FULL** event's calendar for the month of June.

Newsletter

## 2022 Annual Impact Report

*Pro Action of Steuben & Yates*



Community Action changes peoples' lives, embodies the spirit of hope, improves communities and makes America a better place to live. Pro Action cares about the entire community, and are dedicated to helping people help themselves and each other.

[Impact Report](#)

## What I Wish I Learned in School; A Four-Course Guide to Getting Retirement Right!

*John G. Ullman & Associates, Inc.*

Keuka College Commons or Virtually  
505 Assembly Ave, Keuka Park  
Room Number will be provided upon registration

The four courses will include:

- Investments & Market Drivers 101
- Tax Strategies Through Life Stages
- A Guide to Retirement
- How to Leave a Legacy



*Shared by Cornell Cooperative  
Extension Steuben*

[Learn More or Register Here](#)

## 2023 Summer of Innovation

*Shared by Tanglewood Nature Center*



Several organizations from across the Southern Tier have united to offer unique learning opportunities for children and young adults during the summer months. These organizations have a common goal of extending the traditional school year into a third summer semester. Our offerings have another purpose as well - to provide students with STEM (Science, Technology, Engineering and Mathematics) skills that are essential to their success in the future.

Partnering organizations include:

- Corning Community College
- GST BOCES
- Notre Dame High School
- The Science & Discovery Center
- Tanglewood Nature Center and Museum
- Wings of Eagles Discovery Center

[2023 Course Catalog](#)

**Enjoy the Great Outdoors and Prevent**

## Lyme Disease

Steuben County Public Health

Warmer weather usually equals more outdoor time and more ticks. Although not all ticks have Lyme Disease, and ticks usually have to be attached for 36-48 hours to transmit Lyme if they have it, it's still best to check yourself and pets over when you come inside and remove ticks as soon as possible.



- Apply insect repellent before going outside.
- Avoid heavily wooded/brushy areas.
- Check body and clothing once indoors
- Don't forget to check your pets for ticks

[Learn More - CDC](#)

## Grant Opportunity

### Human Development Small Grants Available for 2023

Groups working to address the root causes of poverty in Chemung, Schuyler, and Tioga Counties (New York) are invited to apply for a Catholic Campaign for Human Development small grant.

Proposals are sought for projects benefiting and led by low-income people working together to bring about positive economic and/or social change in their communities. These projects should address the root causes of poverty and powerlessness and can focus on areas such as environmental justice, living wage, affordable housing, food security, racial justice, and cooperative enterprises.

Catholic Campaign for Human Development small grants average \$2,000. Grant decisions are made by a local grants committee. Application materials are available on the Catholic Charities website ([www.CS-CC.org/Application](http://www.CS-CC.org/Application)). The deadline for submission of the application is August 11, 2023. Grants are not available for individuals.

The Catholic Campaign for Human Development was established by the U.S. Roman Catholic Bishops as an education-empowerment-action program to combat poverty and powerlessness in the United States. Funds for grants are generated through an annual collection in Catholic parishes across the country. For more information, please visit the Catholic Charities website.

Download the full grant description by [clicking here](#).

[View Application Here](#)

### Primary Care: Expanding Access and Advancing Racial Health Equity

The New York Health Foundation (NYHealth) has released a Request for Proposals (RFP) in our new Primary Care priority area to support projects across New York State that expand access to primary care and advance racial health equity through primary care.

# One Community, Many Services Fair

*Hosted by Dormann Library*

The Dormann Library is delighted to extend an invitation to you and your organization to participate in the upcoming community-focused human services fair, **"One Community, Many Services."** This event, in collaboration with the Dormann Library, aims to connect members of our community with a diverse range of direct services groups and organizations.

**"One Community, Many Services"** will take place on **July 20th, 2023, from 10 AM to 4 PM** at the **Dormann Library located at 101 West Morris Street Bath, NY**. As a valued member of The Institute for Human Services, we believe your organization can make a significant impact by displaying your services and engaging with community members who can benefit from your expertise.

By participating in this human services fair, your organization will have a unique opportunity to:

- **Showcase your services:** Set up a display booth and create an engaging environment where attendees can learn about the vital services your organization offers.
- **Connect with individuals in need:** Reach out to community members who may require your assistance and establish connections that can make a lasting impact.
- **Build partnerships:** Engage with other service-oriented organizations, fostering collaboration and creating a network of support within the community.

We envision **"One Community, Many Services"** as a platform for organizations like yours to make a difference by connecting directly with individuals seeking crucial services. Together, we can bridge the gap and create a stronger, more vibrant community.

**To reserve your organization's spot at the fair and secure a display booth, please email the special projects clerk of the Dormann Library, Erik W. House, [housee@stls.org](mailto:housee@stls.org).** We encourage you to register as soon as possible, as space is limited.

If you have any questions or require further information, please do not hesitate to reach out to our dedicated event team at [housee@stls.org](mailto:housee@stls.org).

Thank you for considering this invitation. We sincerely hope that you will join The Dormann Library at "One Community, Many Services" and contribute to the success of this important community event. Together, let's make a positive impact on the lives of those who need it most.

## June Spotlight(s)

# The Veggie Van Schedule

Starting July 11th - Sept 28th



## TUESDAYS

10 am - 12 Noon  
Corning Senior Center  
1 Park Lane  
Corning, NY 14830

1 PM - 3PM  
Lakeview Apartments  
105 Geneva Street  
Bath, NY 14810

## WEDNESDAYS

10 am - 12 Noon  
Hornell Center St Pavilion  
17 Center Street  
Hornell, NY 14843

1 PM - 3PM  
Avoca Village Park  
3 North Main Street  
Avoca, NY 14809

## THURSDAYS

10 am - 12 Noon  
Woodhull Town Hall  
1585 Academy Street  
Woodhull, NY 14898

1 PM - 3PM  
Addison Place Apartments  
42 William Street  
Addison, NY 14801

Scan here for more information



The Veggie Van is open to EVERYONE and accepts cash, check, credit/debit, EBT/SNAP Benefits, and Farmers' Market Coupons (both for Seniors and WIC).

Questions? Contact CCE Steuben @ 607-664-2300

Cornell Cooperative Extension | Steuben County

Downloadable Flyer

Pro Action of Steuben and Yates Inc. would like to share this special training event with professionals across the counties. As part of operationalizing their values of Diversity, Equity, Inclusivity, and Belonging (DEIB) work and in celebration of Pride Month, Pro Action is offering the below training opportunity and welcome all to be a part of their learning as Pro Action continues to build our confidence!



# Join Us!



ProAction  
of Steuben and Yates, Inc.

## For a Special Training Event:

Building our Confidence

### "Allying Responsibly"

**June 7th, 2:30-3:30pm** Via Zoom

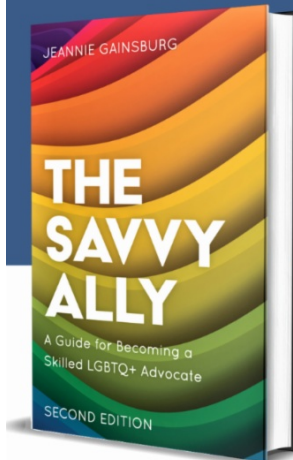
Being an ally means more than wearing an "I'm an ally" pin. (In fact, switch that ally pin out for a rainbow pin. Being an ally isn't an identity.) Being an effective and responsible ally means:

- Understanding that allyship involves a lifelong journey of learning
- Finding ways to incorporate allyship into our lives in sustainable ways
- Knowing what bad allyship looks like so you can avoid common pitfalls

**Do you want to learn how to be a better ally?**

Participants will leave this workshop with more confidence in their ally actions and concrete tips for becoming the most effective and respectful allies they can be!

**We hope you'll join us!**



**Cost = \$15 per person**

(Please enter element to charge at registration)

Jeannie Gainsburg is an award-winning educational trainer and consultant in the field of LGBTQ+ inclusion and effective allyship. Formerly the Education Director at the Out Alliance in Rochester, N.Y., she is now the founder of Savvy Ally Action and author of the book, *The Savvy Ally: A Guide for Becoming a Skilled LGBTQ+ Advocate*. Her encouraging, passionate, and warm-hearted approach will surely jumpstart even the most tentative ally. Visit her website and download free ally goodies at: [www.savvyallyaction.com](http://www.savvyallyaction.com)



[Downloadable Flyer](#)

## GlassFest

May 25th-May 28th, 2023

**Music, Entertainment, Shopping, Dining, Fireworks, Glass & More.**

**Experience live performances all GlassFest weekend long!**

Kick off your summer in downtown Corning with GlassFest 2023! Join the community from May 25 through May 28 for the Gaffer District's annual glass and fire arts celebration in America's Crystal City. Discover Corning, New York's rich history of world-class glass production, as you experience four days of live musical performances, glass exhibits, art vendors, mouthwatering food and drinks, and special shopping promotions! Stroll down historic Market Street for pop-up entertainment, dining, shopping, and family activities.

[Learn More Here](#)

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## Community Needs Assessment Update(s)

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### **"One-Stop Shop" - - All things data hub**

The Institute provides management support, information and referral, organizational development, and research services to planners, funders, and providers serving the Southern Tier of New York State.

IHS' mission is to advance nonprofit and community partners in the region through innovative, collaborative, and responsive solutions to address community needs.

To further carry out IHS' mission, IHS will act as a repository for the region's community needs assessment reports. All information will be stored on IHS' website under the **"Community Data"** section. By having one central location for all data (hub), this will help organizations streamline collaboration and research.

If your organization has any needs assessment reports that you would like to share, please email [provider@ihsnet.org](mailto:provider@ihsnet.org).

[Visit our Website](#)

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## New York State Digital Equity Survey

New York State's ConnectALL Office launched a statewide Digital Equity Survey to better understand the needs of New York residents when it comes to internet access and digital equity.

This important survey will help inform the State's investment of historic funding to provide improved internet connectivity and increase access to education, healthcare, civic engagement, economic, and other opportunities. The Southern Tier Library System is helping to promote this survey because we want to ensure that our residents' voices are heard and that the State's plan reflects the unique challenges of digital inclusion in our region.

The survey will take about 10 minutes to complete.

Can you please complete the survey? And, will you please share the survey link with others so we can do our part to help shape NY State's Digital Equity Plan and how broadband and digital inclusion funds are allocated?

Along with sharing the survey via email, if you have a Facebook page and would be willing to post information about the survey, here is a sample script that you and others could use.



ConnectALL

What's preventing you from enjoying the benefits of the internet?

## TAKE THE NEW YORK STATE INTERNET ACCESS SURVEY!

ConnectALL at Empire State Development wants to hear from YOU about your experiences accessing and using the internet to help us close the digital divide in every corner of the state.

We encourage you to complete this 10-minute online survey (available in 12 languages) to ensure that your experience is included in the State's plan for Digital Equity.

Please share with your friends, colleagues, and constituents!

Scan the QR code



or visit:  
[bit.ly/connectall-survey](https://bit.ly/connectall-survey)

For more information, please visit  
[broadband.ny.gov](https://broadband.ny.gov)



[Complete Survey Here](#)

[Downloadable Flyer](#)

## What's Happening at NYCON?

*IHS is sharing as an affiliate member with NYCON:*

### **ADVANCED CONCEPTS IN NONPROFIT ACCOUNTING**

*June 14th 9:00 am -12:00 pm*

Allen Fetterman, CPA, MBA is a long-time Camp Finance faculty. Allen lectures extensively on not-for-profit accounting, auditing, federal single audits, tax-exempt issues and governance and NYCON is thrilled that he is sharing his valuable insights and strategies to deepen your understanding on three areas of nonprofit accounting. This is a NYCON Members only event.

Gain knowledge from an industry leader on:

- Revenue Recognition by Not-for-Profit Entities
- UPMIFA and Accounting for Endowments
- Expense Reporting and Functional Allocation by Not-for-Profit Entities

\$50 In Person, NYCON Albany Office; \$35 Virtual attendance

Register now to secure your spot! In-person spots will fill quickly.

Members need to be sign into the **Member Dashboard** to purchase tickets.

Register

## Mark Your Calendar: Awareness Days



June 1st-June 7th



Pride **Month**



Alzheimer's Awareness  
**Month**

Nonprofit  
Employment  
Opportunities



If you have **job posts** that your organization would like to share with IHS members, please email content to [provider@ihsnet.org](mailto:provider@ihsnet.org) for it to be included in the next edition.



Community Health Worker  
Part-Time Van Driver

**CCE**  
**STEUBEN**

CCE of Steuben County SNAP-Ed  
Senior Regional Supervisor - Bath  
• [Apply Here by 6/14/23](#)



50 Liberty Street, Bath, NY 14810  
COMMUNICATION -- COLLABORATION -- CAPACITY BUILDING

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