



Caring for Each Other: Young Children and Coronavirus

For 50 years, Sesame Workshop has provided support for children and families around some of the most challenging situations in their lives. Many of these situations create great uncertainty—and while we don't always know what to expect, we know that our Sesame Street friends have the power to convey simple strategies and messages that help adults provide care and comfort to children—and prepare for whatever comes our way.

You can find the latest Sesame Street resources for COVID 19 on www.SesameStreet.org/caring. The Caring for Each Other website is designed to offer families comfort and to spark playful learning activities. They include tips to support parents and caregivers during stressful times, creative ways to build playful learning moments, and a few Sesame Street stories to share together.

Please share the content below with your communities through your newsletters, website, and social media. We are working on creating more content to ensure that parents and caregivers in your communities have the quality resources available to help the children in your lives continue to grow smarter, stronger and kinder.

Social Media Images - Kid Friendly Infographics

[COVID 19](#)

[Washing Your Hands with Soap](#)

YouTube Videos and Playlists

General Health

[Healthy Habits Playlist](#)

[Sleep Song](#)

[D is for Doctor](#)

[R is for Routine](#)

[B is for Bandage](#)

[Healthy Habits with Michelle Obama](#)

[H is for Healthy](#)

[Getting a Check Up with Grover](#)

[Big Feelings](#)

[Naming Feelings](#)

[Feelings Have Names](#)

[Comfy Cozy Nest](#)

[Count Breath Relax](#)

Health and Sanitation

[Brush Your Teeth Song](#)

[Brushy Brush Song](#)

[B is for Bath](#)

[How to Stay Healthy with Gordon and Elmo](#)

[Elmo and Abby and the Tissue](#)

[Baby Bear's Bath Song](#)

[Wash Your Hands](#)

[Raya Teaches Elmo "The Handwashing Song"](#)

Monster Yoga

[Star Pose](#)

[Plant Pose](#)

[Elephant Pose](#)

Home Activities

[Fun at Home Activities Playlist](#)

[DIY Videos](#)

[Food Challenges](#)

[Sing Along](#)

[I Spy](#)

[Let's Make Up a Story](#)

Read Along

[Goodnight, Numbers](#)

[We're All Wonders](#)

[Uni the Unicorn](#)

Games and Printables

Web Games – General Health

[Super Salad Diner](#)

[Find the Foods](#)

[Grow Your Colors](#)

[Abby's Smoothie Maker](#)

Web Games – Learning at Home

[Elmo's Brain Games](#)

[Move Our Bodies](#)

[Twiddle Bug Toss](#)

Craft Activities

[Macaronisaurus Craft Kit](#)

[Watercolor Butterflies](#)

[Jumpy Frog](#)

[Sock Puppet](#)

[Tic-Tac-Toe](#)

Printables

[Here is a link to our printables page](#)



eBooks

General Health

[The Doctor's Office](#)
[Be a Ballet Dancer/Be a Soccer Player](#)
[It's Check-Up Time, Elmo](#)
 Elmo's World: Doctors (coming soon!)
 The Day Snuffy Had the Sniffles
 (coming soon!)

Hygiene

[Elmo's Potty Time](#)
[Elmo Visits the Dentist](#)
 Monsters in the Bathroom
 (coming soon!)

Family Favorites

[Love on Sesame Street](#)
[We're Amazing, 1, 2, 3!](#)
[The Monster at the End of the Book](#)
[I Love You Just Like This!](#)

We are proud to be able to offer many of our eBooks for free on [nook](#), kindle, [apple books](#), google play and kobo

Resources from Sesame Street in Communities

General Health Videos

[How to Wash Your Hands](#)
[Wash Your Hands](#)

Printables and Storybooks

[H is for Handwashing](#)
[Handwashing: Step by Step](#)
[My healthy Week](#)

Articles for Parents

[Wellness Tips](#)

Emotional Support Videos

[Give Yourself a Hug](#)
[Comfy Cozy Nest](#)
[Big Feelings](#)
[Naming Feelings](#)
[Feelings Have Names](#)
[Count Breath Relax](#)

Games

[Breathe, Think, Do](#)
[Feeling Faces](#)

Articles for Parents

[Self-care](#)

Learning from Home Video - Play

[Move Along with Elmo](#)

Video - Literacy

[Let's Make Up a Story](#)

Games - Play

[Playing is Learning](#)
[Grover's Playground](#)
[Workout](#)

Games - STEM

[Elmo's Brain Games](#)
[Sink or Float](#)
[Twiddle Bug Toss](#)

Learning from Home Printables -

[Shape Play](#)
[Animal Antics](#)
[Play Cards](#)
[Word Play](#)
[Reading Together](#)

Articles for Parents

[Dramatic Play](#)
[Math in Unlikely Places](#)
[School Readiness](#)

This and so much more can be found on www.SesameStreetInCommunities.org

