

Professional Development Opportunities

Hosted by The Institute for Human Services, Inc & Steuben Rural Health Network



The cost for IHS members is \$15, non-members can join for \$30.

Getting Comfortable with DEI: Where do I start?

Tuesday, October 10th, 2023 2:00 pm-3:30 pm EST

Getting comfortable discussing diversity, equity, and inclusion takes time and personal investment. What's the best way to get started? This interactive session will introduce participants to the ARC of Racial Justice, a model developed by author, Jemar Tisby. ARC stands for Awareness, Relationships and Commitment. During the session, participants will discuss ways to increase awareness and build new relationships while also developing their own personal plan and commitment to dismantling racism.

(Level I: Beginners)

Register Today

Developing Strategic Plans Through a DEI Framework

Wednesday, October 11th, 2023 2:00 pm-3:30 pm EST

Participants will be introduced to a



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comprehensive framework that identifies organizational focus areas and internal and external players, along with the stages of development necessary to work through to achieve transformed and equitable environments.

(Level II: Advanced Level)

Register Today

Canva Advanced Learning



In partnership with Corning Communtiy College Workforce Education and Academic Pathways.

This training is sponsored by the Steuben Rural Health Network.

The Steuben Rural Health Network (SRHN) has partnered with Corning Community College to offer this exciting virtual workshop opportunity.

Please join us at the next Steuben Rural Health Network Quarterly Advisory Committee Meeting. Following the workshop, Laurie Mault, SRHN Coordinator will provide a brief overview of all the amazing programs being implemented by SRHN.

This Canva Advanced training is designed for those who already have the foundational knowledge of how to use Canva, but are looking for an understanding of the advanced features within Canva. In this workshop, students will learn how to utilize the "Apps" feature within Canva, gain a stronger knowledge of the in-depth design features available, understand how to navigate the "teams" feature for collaboration, and learn Canva Advanced tips and tricks to aid in your personal and business design.

Register Today

Steuben Rural Health Network

42nd Wineglass Marathon

Seeking volunteers to represent Girls on the Run of the Southern Tier



Sunday, October 1, 2023

The Wineglass Marathon is a great sponsor, supporter, and friend to Girls on the Run of the Southern Tier. It's an honor that runners can donate to us when registering for the marathon. We are so honored and thankful to be a part of the "Wineglass Gives Back" program and are ready to show your gratitude and support.

Girls on the Run of the Southern Tier will be participating in this year's event by hosting a water station at Mile 25.5 during the Marathon.

REGISTER TO VOLUNTEER TODAY!





Virtual Hands ONLY CPR



Steuben County Mobility Management



SAVE THE DATE

Steuben County Transportation Advisory Committee Meeting

Scott Bogren has been with the Community Transportation Association of America (CTAA) since 1989, serving the association in a wide variety of roles before being named Executive Director in 2016. He is a passionate transit advocate and (prior to COVID-19) a

daily transit user. His work has always focused on building and promoting safe, affordable, accessible and inclusive mobility for all Americans. A proud graduate of Indiana University's journalism program, Scott lives in Germantown, Md., with his wife Beth.

Scott will be presenting and discussing the evolution and future of Mobility Management (rural focused) to the Steuben County Transportation Advisory Committee, and will accept questions from local mobility professionals at the end of his speech. *This is open to the public.*

Steuben County Mobility Manager, Eddie VanStine welcomes you to share with your networks and come and hear about the projected path and the future of mobility In the USA from a national standpoint.

Monday, September 18, 2023 1:30 pm-3:00 pm EST

Agenda Introductions Welcome Eddie Welcomes Scott Scotts Address to SCT Q and A

Join the meeting here

How to: Update IHS 211 Helpline Food Resource Agency Listing

(archived from July's Provider Edition)



Increasing food costs, a reduction in federal SNAP benefits and personal circumstances are stretching food budgets for families and individuals across the Finger Lakes Region. 211 is here to provide information and referrals to those families and individuals in need.

Does your organization provide food related services/programs to the community? If so, please be sure to update your agency listing information with 211. It takes just a few minutes and a few steps to ensure that 211 has your agency's most current information.

"HOW TO" Instructions

Need help finding food resources for your family or for clients?

To speak to a Referral Specialist who can assist you with food resources, dial 2-1-1 or text

your ZIP code to 898211. You can also find food programs near you listed on the IHS Website. Information provided is for residents of 11 counties in the Finger Lakes Region. Click below to be directed.

Find Food Help Here

Members' News & Events

If you have **newsletters or events** that your organization would like to share with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

Chemung County Historical Society

On August 26th we will be celebrating our 100th birthday. Please join us from 1pm to 5pm for free cake, a local history lecture by J.D. Iles, and a concert by the vintage Excelsior Cornet Band, featuring Civil War-era instruments. Event is free and open to the public. Hope to see you there!



Follow on FB

STI Essentials for the Finger Lakes Region

Chemung County Public Health

The New York State Clinical Education Initiative Sexual Health Center of Excellence and Pivital Public Health Partnership presents an in-person mini-conference intended for clinicians.

There are three options for attending:

Wednesday August 16, 2023

8:30 AM - 12:15 PM Ontario County Safety Training Facility 2914 Co Rd 48 Canandaigua, NY 14424

Wednesday September 6, 2023

8:30 AM - 12:15 PM Noyes Hospital 111 Clara Barton St Dansville, NY 14437

Wednesday September 27, 2023 9:00 AM - 12:45 PM Lake Erie College of Osteopathic Medicine 250 W Clinton St



Elmira, NY 14901

To register or learn more, click the button below to download the PDF.



Narcan Training

Steuben County Public Health

Watch a quick video online and have Narcan mailed to you for free!

Narcan can reverse the effects of an opioid overdose if used timely.

Get trained. Get free Narcan. Carry Narcan. Save Lives.

Pass along this amazing opportunity to colleagues, friends, family, and to the community.

Get Trained Now



Rabies Clinics Steuben County Public Health Department

Keeping pets up to date on their rabies shots is an important step for their health.

Dogs, cats and ferrets can receive their first rabies shot at 12 weeks or older. The first shot is valid for 1 year. Following rabies shots are valid for 3 years with proof of prior vaccination.

Saturday, September 9th

9 - 11 am; Hornby Fire Hall 4838 Hornby Rd Pam Smith 607-962-0683

Wednesday, September 27th

6 - 8 pm; Troupsburg Old County Barn 3189 County Route 83 Tyler Johnson 607-346-1326

Saturday, September 30th

9 - 11 am; Hornellsville Town Barn 7756 Industrial Park Rd Public Health 607-664-2438

Thursday, October 5th 6 - 8 pm; Woodhull Highway Town Barn

Contact your local health department if you wake up with a bat in the room or if you have an encounter with a bat or other animal. 1560 Pine Street Dan Draper 607-661-7542

Learn More

Sodium 101

Food Bank of the Southern Tier

Monday, August 21st 2:00 pm-3:00 pm EST Via ZOOM

The presentation will cover:

- What is sodium?
- Common high-sodium foods
- Health effects of sodium
- Sodium's link to chronic disease
- Tips to lower sodium intake at home
- Tips to support clients on low sodium diets at your agency

Register

Present Paul Harris Award: August 3rd

Rotary Club of Corning New York

CORNING, NY—The Rotary Club of Corning honored one of its own as a Paul Harris Fellow on Thursday, August 3, 2023.

The Corning Rotary Club presents the Paul Harris award to outstanding Club and community members in recognition of activities that exemplify Rotary's motto of "Service Above Self." Members of the media are invited to cover the event, to be held at the DoubleTree by Hilton Corning Downton (formerly Radisson) Hotel at noon.

About Rotary

The objective of Rotary is to encourage and foster the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary brings together a global network of volunteer leaders dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 34,000 Rotary clubs in over 200 countries and geographical areas. Their work improves lives at both the local and international levels, from helping families in need in their own communities to working toward a polio-free world. Visit rotary.org and endpolio.org for more about Rotary and its efforts to eradicate polio.



Catholic Charities and Strong Kids Safe Kids Host Back to School Drive with Local Businesses

Catholic Charities is requesting your help preparing local kids for a successful school year. From now until August 17, area businesses and Catholic Charities will be collecting new school supplies.

In Schuyler County, the Back-to-School Event will be held at the Schuyler County Highway Department on August 25. This event requires pre-registration by August 23 at noon for backpacks and school supply starter kits. Registration is available at cs-cc.org. This will be a drive-through event.

In Chemung County, Catholic Charities has partnered with Strong Kids Safe Kids to distribute backpacks and school supply starter kits at the Annual Strong Kids Safe Kids event on August 26 from 11 am – 2 pm at the Chemung County Fairgrounds. No registration is required. New backpacks will be available for students in kindergarten to 6^{th} grade.



Archived from July's Provider Edition

Learn More Here

Clearing House on Homeless Youth and Families

Family & Youth Services Bureau

The Family & Youth Services Bureau (FYSB) Launches the New and Improved National Clearinghouse on Homeless Youth and Families (NCHYF) Website!

The Family & Youth Services Bureau (FYSB) National Clearinghouse on Homeless Youth and Families (NCHYF) has undergone a major facelift! The NCHYF supports ending youth homelessness by providing resources for direct service providers, partnering organizations, the research community, and the general public. The NCHYF is a source of informational assistance for grantees of the Runaway and Homeless Youth (RHY) Programs and other youth-serving organizations related to developing and implementing prevention, intervention, and aftercare services for runaway and homeless youth and their families.



Check it out here!

Lake Street Back to School Block Party

August 19th 12:00 pm-4:00 pm 1119 Lake Street, Elmira

Cost: Free Admissions

Free backpacks for the first 200 students.

Bounce houses, water slides, games, good. Prizes and more!

Hosted by: Living Word Church **Sponsored by:** Wegmans, Community Foundation of Elmira-Corning and the Finger Lakes, Inc, Visions Federal Credit Union, Panera Bread, and Walmart.





August Calendar

PRC

The Nonnie Hood Parent Resource Center (PRC) is a community center for families with young children and families.

Events & Calendars

What's Happening at NYCON?

Executive Director Leadership Retreat

The retreat is a multiple day training session for executive directors with 5 years or less experience. The retreat includes comprehensive training on various topics such as the role of the executive director, the executive director's relationship with the board of directors, nonprofit accounting, and fiscal accountability. Participants will also learn effective marketing and messaging strategies, legal accountability and compliance, human resource issues and strategies, and partnering with your board in fund development.

NYCON's **September 11-13**, **2023** session will be held in Albany, NY. For more information email membership@nycon.org.

Register

August Spotlight(s)



Wednesday, September 13, 2023

• 10:00 am – 3:00 pm •

No Insurance, No Appointment, No Problem. All are Welcome.



Downoadble PDF Flyer







2023 NORTH COUNTRY LEADERSHIP SUMMIT Enhancing Equitable Healthcare in Rural Communities

Adirondack Health Institute (AHI) and Fort Drum Regional Health Planning Organization (FDRHPO) are pleased to invite you to participate in the 2023 North Country Leadership Summit!







August 17 National Nonprofit Day

National Immunization Awareness Month



August 26 Women's Equality Day



August 30 National Grief Awareness Day



If you have **job posts** that your organization would like to share with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition.



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