

A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.

What's New at IHS?

Message from IHS



Our office will be closed Thursday, November 23rd and Friday, November 24th in observance of the holiday.

Steuben Rural Health Network



A little can go a long way when we get together and give together!

Join the movement from November 16th at 6:00 pm until November 17th at 6:00 pm.

Have you ever been picked last to join a team? If so, you know how lonely it feels. 7 out of 10 girls report feeling like they do not measure up. They experience that sense of loneliness every day.

When you donate to Girls on the Run of the Southern Tier through FLX Gives during the 24 hours of giving, you're giving girls in our community a place to belong.

Steuben County Mobility Management

NYPTA 2023

The house was almost filled to capacity as experts in rural mobility programs, including Eddie VanStine from Steuben County, Heather Snow from Oswego County, and Don Ybarra from Madison County. All New Yorks counties' Mobility Directors Programs shared their triumphs and obstacles during an engaging panel discussion.

Not only did the top influence makers hear insights from leading organizations like the National Center for Mobility Management (NCMM), NYSDOT, and NYSAMM, but the representatives from all mobility management programs across NYS were able to connect with fellow peers and exchange inspiring stories about local programs. The event was brimming with new ideas and knowledge, all aimed at tackling social health barriers to transportation and enhancing mobility through free rides. Without a doubt, it was a truly remarkable and unforgettable event.

Each traveler in today's world embarks on a unique journey, following a path that is exclusively meant for them. Although the future may be shrouded in uncertainty, the transportation world must persist with unwavering determination. The reality is that the world of mobility cannot foresee what each day will bring, nor can the mobility community take tomorrow for granted. Mobility and transportation experts now hold an immense power. The decisions that are made now will greatly impact all of us and many future generations to come.

Stay up to date with the most recent news about Mobility Transit in the Southern Tier Finger Lakes region. Make sure you don't miss out on any important updates. Simply subscribe by clicking the button below. The **ST-FLX Mobility Regional Newsletter** covers a vast range of captivating subjects, embracing everything from electric vehicles and smart streets to self-driving cars, public transportation, social media, scooters, boating, grant opportunities, and so much more.

Subscribe Here



211 Helpline of the Finger Lakes Region

Recognizes the Community Connectors Behind Nonprofit Work

National I&R Day celebrated on Nov. 16 celebrates the individuals behind the scenes of emergent care.



Each day, thousands of individuals navigate the trials of homelessness, hunger, health struggles, and other crises through Information and Referral Services (I&R). An often overlooked element of community care, I&R teams provided over 25 million individuals in need with service providers such as charities, churches, hospitals, and other human service entities. These support networks are often managed by United Way 211 programs, aging and disability organizations, and other nonprofits.

I&R has existed, at least informally, since post-World War II when services in communities became more diverse, as well as the need of persons who needed those services. It gained greater recognition in the late 1960s and early 1970s as professionals in those fields began comparing best practices in helping those in need. Now, nearly 4,000 people hold Certified Resource Specialist credentials working for agencies across the US and Canada, demonstrating their professional commitment to their local communities.

I&R programs provide that critical connection between community services and those most in need. The resources in their databases can be accessed through one-on-one visits, phone calls, chat messages, online searches, and printed resource directories. These databases also form the foundation of needs assessments used by community planners when examining data about the issues each community faces. Increasingly, healthcare and other professionals are utilizing those resource databases to connect individuals in the healthcare setting to provide seamless access to community resources. Eviction diversion programs, community information exchanges, health information exchanges, transportation initiatives, kinship care programs - each of these are critical services provided by I&R agencies large and small.

With referrals, the information is available at their fingertips with one simple phone call, text message, or website visit. The 211 Helpline provides a road map of where to go for help for over one million New Yorkers.

"Information and referral is the heart of what we do 24/7," said Belinda Hoad, Executive Director of The Institute for Human Services, Inc. "It's essential that when someone is struggling that they have someone to reach out to who can help find exactly what they

need. No matter the time or the place never struggle alone, dial 211."

The Institute for Human Services. Inc. (211 Helpline of the Finger Lakes Region) is a proud member of Inform USA, formerly the Alliance of Information and Referral Services (AIRS). Inform USA is the professional membership association for community Information and Referral (I&R) serving the nonprofit and government sectors. The members of Inform USA are the driving force behind the delivery of quality I&R services and the sole source for standards, program accreditation and practitioner certification for the I&R sector.

Members' News & Events

If you have newsletters or events that your organization would like to share with IHS members, please email content to provider@ihsnet.org for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

The Growing Threat of Xylazine and its Mixture with Illicit Street Drugs

Message from Steuben Prevention's Opioid Committee

1:30pm - November 22, 2023 thru 3:00pm - November 22, 2023 | Timezone: US/Central

Hosted By:South Southwest PTTC

This presentation will review the history of US street drug markets since the early 1990s to explain the emergence of xylazine, fentanyl, and crystal methamphetamine in regional markets formerly dominated by heroin and cocaine. It will examine the relationship between each of these newly prevalent synthetic substances and describe what we know so far about their impact on related comorbidities. Finally, it will assess how the public health impact of recent transformations to the US narcotics supply relates to the experience of drug consumption and the actual way that people use drugs in their everyday lives. It will conclude with lessons learned to help determine what prevention strategies could be used to counteract the impact on communities.



Register

Now Accepting Applications!

Fund for Women



FFW would love it if you could share with your family, friends, and network that we are now officially accepting applications for educational scholarships (from \$500 to \$2500) as well as nonprofit grants from November 1st to March 1st.

For more information about these scholarships and how to apply, please click below.

Little Elf Shop

Message from CASA

A fun, safe environment for children, under 12, to be paired with Santa's elves to shop for family and friends. Santa's elves help your child choose from a large variety of gifts in different price ranges from .50 to \$10.00.

Parents relax in a nearby waiting area while the children shop and wrap the items. Come enjoy activities with Santa! *All proceeds will be used to support advocacy for abused and neglected children in our area.

December 2, 2023 1:00pm to 5:00pm Corning-Painted Post High School 201 Cantigney Street, Corning, NY 14830



"In the Know"

Catholic Charities Steuben/Livingston



Below you will find the latest edition of In the Know, the prevention information resource for Catholic Charities Steuben/Livingston Prevention Services.

This month's newsletter looks at the risks associated with youth gambling and the risks that nicotine use has on adolescents.

Newsletter

Women's Empowerment Conference

Corning Community College Workforce

SAVE THE DATE May 21, 2024

8:30 am-4:00 pm Spencer Hill Main Campus

Corning Community College Workforce's FIRST-EVER Women's Empowerment Conference is coming in May 2024.

Get on the list at the link below to be the first to know the speaker line-up, cost, and all the fun additional details. This will be a must-attend event - you don't want to miss it!!



Get on the List Today



Closed for the Holiday

Food Bank of the Southern Tier

The Food Bank will be CLOSED on November 23rd and 24th in observance of Thanksgiving.

2023 Holiday/Closing Calendar

December Happenings at the Dormann

It is never too early to announce next month's events calendar and newsletter with the hustle and bustle with the holidays around the corner.





Click here to view the events calendar.

NYS Master Plan for Aging Survey

(archived November 3rd Edition)







Dear Members of the NYS Master Plan for Aging Community,

I hope this message finds you well. I am writing to you today to emphasize the critical importance of the NYS Master Plan for Aging survey and to request your active involvement in promoting it within your networks.

To ensure its success, we need your support in disseminating information about the survey among your diverse constituencies and underscoring the significance of their participation.

The Master Plan for Aging survey is a vital tool with multifaceted purposes. It will play a crucial role in identifying regional housing challenges, setting priorities for infrastructure and service improvements, understanding how older adults allocate their limited income, and evaluating the impact of various services. Furthermore, it will provide valuable insights into caregiving, the self-perception of caregivers, and the ways in which we can best support them.

For these compelling reasons, we urge you to include a direct link to the survey (https://forms.ny.gov/s3/mpasurvey) in your communications to your networks during the next two weeks. If your organization or network partners prefer hard copies for those with limited internet access, we have printable PDF versions available in a total of 17 languages for your convenience. If you require a bulk mailing of paper copies, please

contact MPA@health.ny.gov, specifying your preferred language(s).

The deadline for survey participation is December 31st, 2023. We eagerly anticipate sharing the results with you in the coming year. If you have any questions or require further information, please do not hesitate to contact us at MPA@health.ny.gov.

Thank you for your commitment to the NYS Master Plan for Aging. Your collaboration is instrumental in making this initiative a success.

Best Regards,

Adam Herbst Chair, NYS Master Plan for Aging

Learn More Here

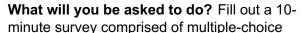
Wild Fire Survey

(archived November 3rd Edition)



Did you live in the Northeastern U.S. in summer 2023 and experience the wildfire smoke events from Canada? If so, tell us more about your experience!

Our partners within the Department of Public and Ecosystem Health at Cornell University are conducting a study to better understand how individuals in Northeast US responded to the smoke during the summer 2023 wildfire season.



questions. We will ask you how you typically access information on air quality, if you have experienced periods of poor air quality due to smoke, how smoke affects you, and how your behaviors change during times of heavy smoke. Upon completion, you will have the opportunity to win one of five \$50.00 Amazon gift cards. Results from this research will contribute to greater shared knowledge with the goal of advancing efforts related to wildfire smoke mitigation and response in the United States.

Who is eligible? All individuals who are at least 18 years old or older and who spent most of their time in the Northeastern United States (including Connecticut, Delaware, District of Columbia, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, Virginia, or West Virginia) during the summer of 2023 are invited to participate in this survey.

We would greatly appreciate your help in getting a wide variety of responses and



encourage you to pass this survey along to anyone else (or any groups) who may be interested. If you have any questions or concerns, please reach out to Erandy Barrera at eib34@cornell.edu.

Complete Survey Here

National Survey of Transportation Providers

(archived November 3rd Edition)



NADTC is excited to announce that we have launched a **National Survey of Transportation Providers**. The survey is intended to assist National Aging and Disability Transportation Center (NADTC) in targeting our information and technical assistance activities to the needs and challenges identified by providers and is directed to three types of providers: 1) Providers of transportation rides; 2) Providers that connect riders to direct transportation rides (e.g., Mobility Managers, Transportation Information and Referral Providers, Travel Trainers); and 3) Organizations that contract with direct transportation providers.

We ask that you also share the survey link with providers in your community, including transportation providers who contract with your agency. If you have any questions, please contact us at info@nadtc.org.

Visit our Website

What's Happening at NYCON?



Planning For and Navigating Leadership Transitions

November 15th 12 pm - 1 pm

As a nonprofit board member or staff leader, leadership transitions, whether planned or unplanned, increase anxiety, time commitment and often budgetary challenges. Even with prior experience overseeing a leadership transition, most people don't know what options to consider and where to turn for help. The answers very much depend on how prepared the organization is for such a transition.

This workshop will highlight the issues that indicate readiness, the options to consider, and actions to take based on the level of readiness.

Interim Executive Solutions is a NYCON Gold Circle Corporate Partner.

Register



NYCON Member Benefits Orientation

November 17th 12:00 pm - 12:45 pm

Join NYCON staff for our monthly membership benefits orientations to learn about our program, costs, and what you get for FREE.

Register

Government Grants Reform and Your Nonprofit

Most nonprofits already know that the government grant system is broken and needs fixing. What's new is that reforms are working their way through Congress and the Administration. Charitable organizations need to take action now to help turn the proposals into reality.

Join a nationwide webinar, "The Urgency of Government Grants Reform for Your Nonprofit," on Monday, November 20 from 3:00 pm-4:15 pm ET, to hear from experts on the consequences of bad grantmaking policies, such as nonprofit workforce shortages and organizations getting shut out of grants, and learn about legislative and regulatory solutions that you can help influence to ensure reduced burdens, greater access to funding, and better outcomes.

Register

United Way Sponsors Annual Stocking Stuffers Drive for Local Seniors



You can make the winter holidays brighter for local senior citizens by donating items for United Way of the

Southern Tier's annual Senior Stocking Stuffers Drive.

Corning Meals on Wheels and Pro Action Meals on Wheels Senior Nutrition Program are seeking the following items for area residents who receive home-delivered meals:

- Pens & Small Notepads
- Travel-size Toiletries
- Travel-size Hand Sanitizer
- Travel-size Hand Lotion
- · Pocket-size Tissue Packs
- Puzzle Books
- Sugar-free Cocoa Packets
- Chapstick/Lip Balm
- Eyeglass Cleaner/Cloths
- Playing Cards & Card Games

The items will be delivered to seniors along with their holiday meals. Items can be purchased locally or through this **Amazon wish list**. Items must be dropped off at the following locations no later than Friday, December 8:

Bath:

- ServU Credit Union, 7215 St. Rt. 54, 9 a.m.-5 p.m. Monday-Friday (lobby).
- **Subway**, 322 W. Washington St., 8 a.m.-9:30 p.m. Monday-Saturday; 9 a.m.-9 p.m. Sunday.
- Pro Action of Steuben & Yates, Inc. Meals on Wheels Senior Nutrition Program, Lakeview Apartments Dining Room, 105 Geneva St., 6 a.m.-2 p.m. Monday-Friday.

Corning:

- Corning Family YMCA, 127 Center Way, 5:30 a.m.-9 p.m. Monday-Friday; 7 a.m.- 5 p.m. Saturday; 8 a.m.- 1 p.m. Sunday.
- Corning Meals on Wheels, 144 Cedar St., 7:30 a.m.-3 p.m. Monday-Friday.
- ServU Credit Union, 111 Pine St., 9 a.m.-5 p.m. Monday-Friday (lobby).
- United Way of the Southern Tier, 88 E. Tioga Ave., Suite 102, 8:30 a.m.-5 p.m. Monday-Friday.

Hornell:

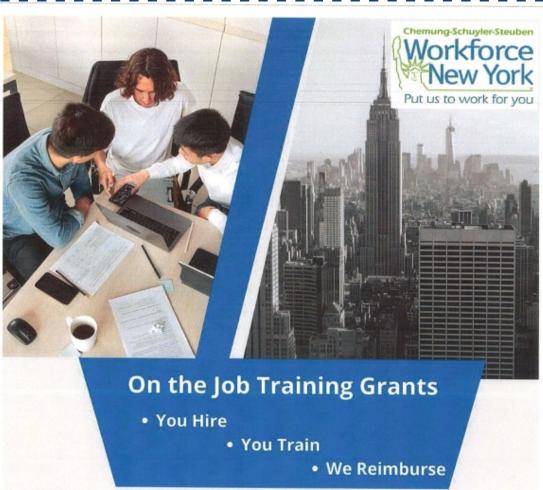
- Hornell Area Family YMCA, 18 Center St., 5:30 a.m.-9 p.m. Monday-Friday; 7 a.m.-5 p.m. Saturday; 10 a.m.-3 p.m. Sunday.
- ServU Credit Union, 10 Taylor St., 9 a.m.-5 p.m. Monday-Friday (lobby).

Painted Post:

• ServU Credit Union, 87 Victory Highway, 9 a.m.-5 p.m. Monday-Friday (lobby).

Of note: Meals on Wheels of Chemung County is not participating in the drive this year after having received a generous donation of items from Eaton Corp. Chemung County residents are welcome to contribute to the drive for the other home-delivered meals programs.

Grant Opportunity



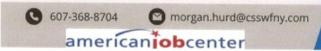
Funds are available to help eligible employers train new employees OR train current employees for new positions that require additional skills. You design and provide your training at your workplace.

We will reimburse 50% of the employee's wages while they are training (up to \$2,500)

Limit of \$10,000 available per business per program year

Who is Eligible?

- · Must work at least 30 hours per week.
- Year-round employment (no seasonal or temporary)
- Must earn less than \$35/hour.



CONTACT US TODAY!

November Spotlight(s)



It's Not Too Late!

FLXGives (Finger Lakes Gives), an initiative of the Community Foundation of Elmira-Corning and the Finger Lakes, Inc., is a 24-hour online celebration of the Finger Lakes region. It connects generous community members with the causes they care most about. It is a day to celebrate all that the Finger Lakes are and the critical role nonprofits play in making our community great. FLXGives helps build awareness and support for nonprofits like nothing else. In 2022, nearly \$225,000 was raised through 1,476 donors benefiting over 90 local nonprofits. This year's giving day will be held on November 16, 2023, from 6:00 p.m. to November 17, 2023, at 6:00 p.m. Nonprofits will have the opportunity to win cash prizes, reach new donors, and engage current donors in exciting ways during FLXGives.

<u>Click here</u> to view all participating organizations.

Learn More Here



If you have **job posts** that your organization would like to share with IHS members, please email content to **provider@ihsnet.org** for it to be included in the next edition.



Multiple Vacant Positions



Arc of Chemung-Schuyler

Multiple Vacant Positions



50 Liberty Street, Bath, NY 14810

COMMUNICATION - - COLLABORATION - - CAPACITY BUILDING

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