

THE
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THE INSTITUTE FOR HUMAN SERVICES, INC.

VIDER
NONPROFIT NEWS

A bi-weekly newsletter for nonprofit staff of the Southern Tier & Finger Lakes.

211 Helpline of the Finger Lakes Region

Archived from October 6 Newsletter

Holiday Season is Approaching! We need YOUR help!

2-1-1 Helpline is updating their holiday programs and if any agencies that are in need of donations for their holiday programs to contact 2-1-1.

If your organization is offering any holiday assistance, please provide that information to 2-1-1 by completing the form below or emailing 2-1-1 Helpline at 211helpline@ihsnet.org.

[Form](#)

211 Finger Lakes

FOOD Resources

What are my options?



Scan QR



Finger Lakes Region, New York

Goodwill
of the Finger Lakes

pivotal
On a Rural Health Mission

ihs
Steuben Rural Health Network

Food is the third most common request that 2-1-1 receives. Your community knows that more food support is needed, and 2-1-1 is here to help connect you to your community!

Follow the QR code to access local food assistance in your area.

Steuben County Mobility Management

National School Bus Safety Week - October 16-20, 2023



School buses are the safest way for children to get to school. Their design was meant to be safer than any passenger vehicle in avoiding crashes and preventing injuries. Teaching children to follow safety rules on the bus is just as important as informing drivers about the laws regarding school buses.

Use these resources to provide your community with safety messages to keep children safe on

and off the school bus. Materials include general resources for your community.

In 2024, the Steuben County Mobility Manager will start incorporating public bus and mobility talks to students in the county. Eddie VanStine, Steuben County Mobility Manager is looking to connect with the school districts during bus safety week to also incorporate other modes of mobility to students and families. VanStine stated, "This will help students be prepared to navigate public transportation when out on their own. The mobility manager hopes to teach students how to read bus schedules, rules of the bus, cost savings and overall wellbeing. This will also help erase and stigma put on future generations."

Steuben Rural Health Network



Jack-o'-lanterns glow on the front porch. Children wait anxiously in their costumes, ready to go house-to-house collecting buckets of treats. For kids (and, yes, adults too), Halloween can be a time of excitement and imagination. But as a parent, you need to protect your little ones from some very real dangers. What if they get separated from you? Are they prepared to safely cross the street? Did you remind them to not eat the candy before you check it?

Cited Resource: Centers for Disease Control and Prevention

[Recipe for Preparedness VIDEO- Trick or Treat](#)

Upcoming Workshop



REGISTER TODAY!
FREE 6-week workshop

Take back control of your life & manage your own care!

Chronic Disease Self-Management Workshop

This workshop is evidence-based and is designed for people living with ongoing or limiting health conditions or people who care for them.

If you or someone you love is dealing with a chronic disease, this workshop is for you!



Cost: **FREE***

Location:

Dayspring II

Senior Nutrition Program Site
220 Tioga Ave, Corning

Date of Classes:

Thursdays beginning January 4th
through February 8th

Time: 12:30 PM to 3:00 PM

WORKSHOP TOPICS WILL INCLUDE:

- How to deal with frustration, fatigue, isolation, and pain
- Maintaining a mind-body connection
- Ways to maintain and improve strength, flexibility, relaxation, and endurance
- Managing & maintaining healthy eating habits
- How to communicate more effectively with family, friends, and health professionals

For more information, or to register please contact Steuben Office for Aging at (607) 664-2298; SRHN at (607) 776-9467 x231, email at srhn@ihsnet.org, dial 211, text your zip code to 898211; or scan the QR code below.

**Pre-Registration is
REQUIRED no later than
December 28th, 2023**



**This workshop is FREE (\$350 value) with funding from Living Health Southern Tier, and Association of Community Living in partnership with Rural Health Network South Central.*



Steuben County
Office for the Aging



NY Connects
Your Link to Long Term
Services and Supports
OF STEUBEN COUNTY

[Downloadable Flyer](#)

Girls on the Run of the Southern Tier

Coaches Needed

Coach recruitment is open for our Girls on the Run of the Southern Tier Spring 2024 season. We are currently seeking coaches in Bath, Corning, and

Odessa.

Prior to each season, people often have questions about what it means to be a GOTR volunteer coach. To start, you do not have to be a runner, quit your job, or have a kid on the team. Your individuality, compassion and confidence are all you need to make a difference! Share your unique skills this season as a leader to girls in your community.



[Learn More Here](#)

Members' News & Events

If you have [newsletters or events](#) that your organization would like to share with IHS members, please email content to provider@ihonet.org for it to be included in the next edition. Please be sure to share upcoming events with clients, patients, and the community.

Steuben County Releases September Overdose Data

Steuben County Public Health

BATH, NY – The Steuben County Public Health Department and partners are sharing updated overdose data for September: Twenty-four overdoses were reported. One overdose was fatal, and three instances of Narcan administration were cited.

“The decreasing trend of overdoses and fatalities compared to previous months in 2023 is promising,” said Public Health Director, Darlene Smith. “You can find our Narcan training online and Narcan kits are available throughout the county. I encourage anyone who is using opioids or knows of someone who does to always have Narcan readily available.”



[Press Release](#)

New Program Announced for Cornell Cooperative Extension

Cornell Cooperative Extension of Steuben County

Cornell Cooperative Extension of Steuben County is excited to announce a new program that has been launched within the county, Agriculture in the Classroom. CCE of Steuben is offering an Ag in the Classroom educator who will collaborate with participating school districts in grades K through 7th to foster awareness, understanding and appreciation of how agriculture impacts our daily lives.



There are currently seven Districts that have joined this program and in the first month five of the districts have had their first lesson. The totals for September include 38 classrooms with 629 students in attendance. As this new program takes off CCE, Steuben is looking forward to watching it grow and bringing more awareness of agriculture to our classrooms.

[Website](#)

United Way Boosts Funding to Local Programs

United Way of the Southern Tier

United Way of the Southern Tier is pleased to announce a 10% increase in funding to our local program partners in 2023-2024 – thanks to generous donations from individuals, businesses and community organizations.



[Press Release](#)

Volunteers Needed at Bath Food Pantry

Catholic Charities of Steuben/Livingston



Be healthier. Connect with more people. Spend your time in more meaningful ways. We have many opportunities across both Livingston and Steuben counties. These opportunities are flexible and don't require lengthy time commitments.

[Volunteer Today!](#)

Free Rabies Clinics

Chemung County Health Department

October 30th from 6:00 pm-8:00 pm
Banfield Square Park in Van Etten
6 Gee St., Van Etten, NY 14889

Free Rabies Clinic offered by the Chemung County Health Department.



[Press Release](#)

Openings for Full-Time Child Care Located in Bath

Do you, a family member, or a client you are working with looking for childcare in the Bath area?



Join Bath Community Child Day Care, where every day is an adventure! We are the only licensed childcare center in Bath, providing high quality, constructive early learning experiences. Trained, credentialed staff deliver nurturing care in a safe and fun environment designed to support developmentally appropriate play, exploration and learning. Breakfast, lunch and a snack are provided each day.

The daycare is located at 36 E. Morris Street, Bath, NY 14810. Our current hours of operation are Monday – Friday from 6:30 a.m. to 5:30 p.m., year-round.

Tuition fees are based on a sliding scale; in addition, childcare subsidies are accepted. Tuition assistance may be available for some families.

Please call (607) 776-7387 or click below to email questions or to schedule a tour.

Email

ADHD Awareness Month

Message from Yates County Public Health

October is ADHD Awareness Month. ADHD is one of the most common neurodevelopmental disorders of childhood. Children with ADHD may have trouble paying attention, controlling impulsive behaviors, or being overly active.

If you have a child living with ADHD or are concerned your child may have ADHD, contact Yates County Public Health at (315) 536-5160 to learn about the resources and services available in the Children and Youth with Special Health Care Needs (CYSHCN) Program!



[Click here to download flyer.](#)

Learn More Here

Safe and Savvy Online Shopping Webinar

Consumer Action

**Tuesday, Nov. 14, at 10:00 a.m. PT
(11:00 a.m. MT; 12:00 p.m. CT; 1:00 p.m. ET)**

With the holiday season approaching, consumers will once again head online to make their holiday

purchases. The popularity of online shopping has grown every year for good reason. The internet offers a far greater selection of goods than we could find at our local stores (often at better prices), enables us to shop from virtually anywhere at any time, and delivers our purchases right to our door.



This doesn't mean online shopping is without risks: the potential for order errors, lost or stolen deliveries, breached payment information, dissatisfaction with products or merchant policies, or even outright fraud. But consumers can enjoy all the advantages of shopping online and reduce the likelihood of hassles when they know how to protect their personal information, make wise choices about where they shop and how they pay, and take steps to avoid disputes.

Please join Consumer Action for a free train-the-trainer webinar, sponsored by Amazon, featuring a panel of experts, including Debra Berlyn, executive director of Project GOAL (Project to Get Older Adults onLine), and John Breyault, vice president of public policy, telecommunications and fraud for National Consumers League.

Webinar panelists will provide tips to help ensure a jolly online holiday shopping season for you and the community you serve. Among other things, attendees will learn:

- The safest payment methods to use online
- How to dispute a fraudulent charge
- How to protect their personal information
- How to spot fraudulent sites and online reviews

[Register Here](#)

#NationalRuralHealthDay

Steuben Rural Health Network

Save the date! Join The National Organization of State Offices of Rural Health and Steuben Rural Health Network on Nov 16 for #NationalRuralHealthDay! Let's come together to celebrate the #PowerOfRural. Learn more at powerofrural.org.

[Click here](#) to download coloring sheet.
[Click here](#) to download maze.
[Click here](#) to download drawing sheet.
[Click here](#) to download word search



Helping the Community During the Holiday Season



Smile Through
the Storms

Annual
**TOY
DRIVE**

Donations are made in memory of our angels gone too soon.

Now accepting new toys for donation to our local hospital's pediatric units (Arnot and Guthrie) and the local homeless shelter.



Accepting Donation Through
DECEMBER 15, 2023

QUESTIONS

- OR TO SCHEDULE A DROP OFF OR PICKUP -
Contact Deb Maxwell (or Smile Through the Storms) on Facebook or call 607-241-6624.

Smile Through the Storms is a local support group for the survivors of suicide, ones who have lost a loved one to suicide.



HELP US MAKE CHRISTMAS BRIGHT!

Ways to help:



Adopt a family or families



Donate unwrapped gifts



Shop online and ship to us



Monetary Donation

Please enter a note stating the donation is for the **Christmas Program**



Contact us today for more information on how to help!

Chelsea (607)968-5004
chelsea.calton@dor.org



Training Opportunities



Board Chair Roundtable

with Cindy Wilcox

Tuesday, November 14, 2023

3:00 pm - 5:00 pm

In-person at the TC3 Ithaca Extension Center, 118 N. Tioga Street, Rm 611

FREE SESSION - pre-registration is required

Board chair roundtables are offered regularly through the HSC Workshop Series. They provide a peer environment where board chairs can learn together. Although offered around a governance theme, these sessions are designed for chairs to explore leading governance practices, share challenges, brainstorm solutions, and build connections. New, experienced, and yet-to-be chairs are welcome.

Have ideas for future roundtables? Please let us know!

We plan to offer these sessions quarterly throughout the year. Have ideas for future roundtables? Please let us know!

Save the dates! Future Board Chair Roundtables are planned for 2/13/24, 5/14/24, and 8/13/24 from 3pm – 5pm.

[Register Now](#)

Strategies for Successful State Policy Advocacy

Monday, October 30, 2023

2:30 pm - 5:00 pm

In-person at the South Hill Business Campus, 950 Danby Road, Ithaca, NY

Fee \$20

Pre-registration is required

Are there state-level policies that get in the way of your organization's work? Do you want to learn how to help change those policies?

In this workshop, you will:

- Gain clarity on the difference between advocacy and lobbying
- Learn the most important aspects of state-level public policy research and design
- Learn policy advocacy skills and strategies that can be put into practice right away
- Receive practical tools, resources, and guidance, along with the option of long-term collaborative opportunities with the State Policy Advocacy Clinic.
- Work in a breakout group with your colleagues on state-level advocacy strategies specific to your primary/service area.

[Register Now](#)

What's Happening at NYCON?



Meeting Your Nonprofit Goals with Video

November 9th 12 pm - 1 pm

Your nonprofit has a lot of goals to accomplish; you're always looking to increase your brand awareness, meet your fundraising quotas, grow your volunteer base, promote your events, and more. Incorporate video into your nonprofit's marketing strategy to help you meet these goals. Learn about different types of videos and how to create them with *Videorequest*, a NYCON Corporate Partner.

Register



Planning For and Navigating Leadership Transitions

November 15th 12 pm - 1 pm

As a nonprofit board member or staff leader, leadership transitions, whether planned or unplanned, increase anxiety, time commitment and often budgetary challenges. Even with prior experience overseeing a leadership transition, most people don't know what options to consider and where to turn for help. The answers very much depend on how prepared the organization is for such a transition.

This workshop will highlight the issues that indicate readiness, the options to consider, and actions to take based on the level of readiness.

Interim Executive Solutions is a NYCON Gold Circle Corporate Partner.

Register

Upcoming Member Annual Meetings

Cornell Cooperative Extension | Steuben County
20 EAST MORRIS ST, BATH, NY 14810

Join Us!

**2023 ANNUAL
DINNER MEETING**

Carey's Brew House
58 Bridge Street
Corning, NY 14830

November 3, 2023
5PM - 9PM

\$40 PER PERSON

5:00-5:30PM REGISTRATION & HORS'DOERVES
5:30-6:15 PM DINNER
6:15-6:45 PM ANNUAL MEETING & AWARDS
6:45-7:30PM DESSERT AUCTION
7:30-9:00PM TRIVIA

RSVP By October 28th
Questions?
Call or email Melissa at
607-664-2577
mle75@cornell.edu

Register online @
<http://bit.ly/3t1EodT>



Cornell Cooperative Extension of Steuben County provides equal program and employment opportunities. Please contact the CCE Steuben Office at least a week in advance if you have any special needs.

[Register Here](#)

October Spotlight(s)

**PLEASE JOIN US FOR AN
INFORMATIONAL
SESSION TO LEARN
MORE ABOUT OUR**

**THERAPEUTIC
FOSTER
CARE/ADOPTION
PROGRAM**

WHEN

**Wednesday November 1,
2023 6PM**

WHERE

**Virtually on ZOOM; to login navigate
to <http://hillside.zoom.com> click
“join” and enter meeting ID: 585 256
7517**



**WE WILL
DISCUSS:**

**CERTIFICATION
REQUIREMENTS**

**CERTIFICATION
& TRAINING
PROCESS**

RESPITE CARE

**FOSTER TO
ADOPT**

**DIFFERENCES
BETWEEN
REGULAR AND
THERAPEUTIC
FOSTER CARE**

**QUESTIONS
AND
ANSWERS**

Flyer



Drug Take Back Day

Saturday, October 28
10am-2pm

Steuben County Public Safety Building
7007 Rumsey Street Extension, Bath NY



Keep them safe.
Clean them out.
Take them back.

OPIOID
COMMITTEE
STEUBEN PREVENTION COALITION



Nonprofit
Employment
Opportunities



If you have **job posts** that your organization would like to share with IHS members, please email content to provider@ihsnet.org for it to be included in the next edition.



Public Health
Prevent. Promote. Protect.

Schuyler County, NY

NYSPHA

Public Health Specialist



Catholic Charities Chemung & Yates

Multiple Vacant Positions



Public Health
Prevent. Promote. Protect.
Chemung County Health Department

Public Health Nurse
Rn's & LPNs for Home Health



Multiple Vacant Positions



Arbor Housing and Development



Catholic Charities Steuben/Livingston

Multiple Vacant Positions

Multiple Vacant Positions

foodbank
of the Southern Tier

Multiple Vacant Positions



Pathways

Multiple Vacant Positions



50 Liberty Street, Bath, NY 14810
COMMUNICATION - - COLLABORATION - - CAPACITY BUILDING

//CONNECT WITH US//



Institute for Human Services | 50 Liberty Street, Bath, NY 14810

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